



## *Daily Prayers*

### **The Holy Family House of Prayer**

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[www.weepingmadonna.org](http://www.weepingmadonna.org)

## Prayer of Surrender

Father here I am again, I kneel at the foot of the cross of Our Lord Jesus Christ, I bow my head in deep reverence, great love, humility, gratitude, courage, patience, trust and devotion. I lay down all that I am and all that I have and I hold nothing back. (mention whatever you are surrendering)

Father I surrender my day to you and everyone in it, I surrender my night to you and everyone in it. Father I surrender my life to you.

Father I thank you for all your gifts and graces.

My only prayer now is that I will know, love and serve you Father, in the depths of my being and that I will bring many, many souls to know, love and serve you with all our hearts, all our minds and all our strength.

I make my prayer through the Sacred Heart of Jesus and the Immaculate Heart of Mary.

Amen

## MAGNIFICAT

O, Praise, my soul, the Lord! O glorify his name  
 In him my spirit thrills with joy. My Saviour and my God!  
 From heav'n he gazed on me, His lowly servant-maid:  
 Behold, all ages yet to come, Shall call me blest of God!  
 The Lord of wondrous power Has done great things for me  
 For ever blessed be his name Who is the holy One!  
 His mercy he reveals, To those who fear his name:  
 From age to age his steadfast love Shall endlessly endure!  
 His arm is strong to save! He scatters all the proud;  
 He casts the mighty from their thrones; He raises up the meek!  
 He fills the hungry poor With blessings above;  
 The rich he strips of wealth and power And empty sends away!  
 His mighty hand has grasped The hand of Israel,  
 His servant-son beloved by him With never-failing love!  
 Now is his promise kept, Once made to Abraham,  
 That in his seed should man be blest For all eternity!  
 O Father, fount of joy, Your glory I adore!  
 O loving Spirit, praise be yours, Who gave me God, my Son!

Amen

## Prayer of the Unconscious Mind

Jesus come into the unconscious part of my mind. Jesus come into all negativity there. Jesus come into every incorrect programming and false conditioning in me. Jesus come into all false belief systems in me. Jesus come into every residue remaining after every negative encounter in my life. Jesus come into the source of all fear, depression, anxiety, nervousness, low self esteem and suicidal thoughts, come into all residues remaining after deep hurts and suffering inflicted upon me. Come into all self-hatred, inferiority and all deeply ingrained negativity in my thoughts about myself and others. Jesus come into everything that controls me in a negative manner. Jesus come into all bad habits, addictions and dependencies. Jesus come into all evil practices of any kind that I may be unaware of. Jesus come into any guilty feelings of not being forgiven and the things I cannot yet forgive.

Finally Jesus come into anything that I am carrying around that is not helpful and colours my view of life in general in a very negative and uncompassionate manner. Jesus come into anything that has come down through the generations in my family tree.

Thank you Lord for this in depth healing that is taking place in me right now through the merits of your passion, death, resurrection and your most sacred wounds, fill me with your Holy Spirit and cover me with your most precious blood. I love you Lord Jesus, I praise you Jesus, I thank you Jesus, I shall follow you all the days of my life.

I now claim this healing in the precious name of Jesus.

Amen

## Act of Consecration to the Holy Spirit

HOLY SPIRIT, Divine Spirit of light and love, I consecrate to Thee my understanding, heart and will, my whole being for time and eternity. May my understanding be always submissive to Thy heavenly inspirations, and to the teaching of the Catholic Church, of which Thou are the infallible guide; may my heart be ever inflamed with love of God and of my neighbour, may my will be ever conformed to the divine will, and may my whole life be a faithful imitation of the life and virtues of our Lord and Saviour Jesus Christ, to whom with the Father and Thee be honour and glory forever.

Amen

*Nihil obstat*  
 MALACHY P. FOLEY, L.L.D., Lit.D. (*Censor Librorum*)  
*Imprimatur*  
 SAMUEL A. STRITCH, D.D. (*Archbishop, Chicago*)

## Novena to the Sacred Heart of Jesus

I. O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of..... (here name your request)  
Our Father....Hail Mary....Glory Be to the Father....Sacred Heart of Jesus, I place all my trust in you.

II. O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you."  
Behold, in your name, I ask the Father for the grace of.....(here name your request) Our Father...Hail Mary....Glory Be To the Father....Sacred Heart of Jesus, I place all my trust in you.

III. O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away."  
Encouraged by your infallible words I now ask for the grace of.....(here name your request) Our Father....Hail Mary....Glory Be to the Father...Sacred Heart of Jesus, I place all my trust in you.  
O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Say the Hail, Holy Queen and add: St. Joseph, foster father of Jesus, pray for us.

-- St. Margaret Mary Alacoque

## MORNING OFFERING

Jesus, my Lord and Savior,  
I offer myself to the Father with you, in the unity of the Holy Spirit.  
I offer you my prayers, works, joys and sufferings  
in union with the Holy Sacrifice of the Mass  
offered throughout the world today.  
I offer them for all the intentions of your Sacred Heart:  
the salvation of all, reparation for sin and the reunion of all Christians.  
May the Holy Spirit give me the love and strength to be true to this offering.  
With the Blessed Virgin Mary and the whole Church,  
I pray for the intentions of the Holy Father, our Bishop and our priests.

### Morning Prayer to the Holy Spirit

O Holy Ghost, Divine Spirit of light and love, I consecrate to Thee my mind, heart and will, my whole being for time and for eternity.  
May my mind be ever docile to Thy divine inspirations and to the teachings of the Holy Catholic Church whose infallible guide Thou art; my heart ever inflamed with the love of God and of my neighbor; my will ever conformable to the divine will; and my whole life a faithful imitation of the life and virtues of our Lord and Savior Jesus Christ, to whom with the Father and Thee be honour and glory forever. Amen.

Eternal Spirit, increase within my soul, faith, hope and charity, that I may believe ever firmly the truths which Thou hast revealed, hope ever confidently in Thy divine promises, and love sincerely Thee, my God, and all my fellow men who were created to Thy image and likeness. Amen.

### Evangelization Prayer

Eternal Father, I ask you for an unquenchable desire, one that cannot be satisfied, to reach the lost souls of my brothers and sisters. I ask you for strength holiness and courage in order to make known the truth of the mercy of Jesus Christ without timidity. Help me Father to open doors that have been closed to all but your power. Help me to show the message of salvation simply and clearly and I ask also, that you would guide my words with your grace. Above all, Father, give me wisdom and patience and persistence in dealing with those who do not believe. Dear Lord, truly fill me with your love, so that all I reach out to may see Jesus in me. Amen.

### PRAYER FOR PROTECTION

Saint Michael the Archangel, defend us in the hour of battle.  
Be our safeguard against the wickedness and snares of the devil.  
May God restrain him, we humbly pray; and do Thou, O Prince of the  
Heavenly Host—by the Power of God cast into hell, satan and all the evil  
spirits, who roam throughout the world seeking the ruin of souls.  
Amen.

### Prayer to St. Joseph

Gracious St. Joseph protect me and my family from all evil as you did the  
Holy Family.  
Kindly keep us ever united in the love of Christ, ever fervent in  
imitation of the virtue of our Blessed Lady, your sinless spouse, and  
always faithful in devotion to you.  
Guide and protect us this day as we reach out in love to all who visit The  
Holy Family House of Prayer.  
Guide our hands in our work for our Eternal Father.

#### Sacred Heart of Jesus Have Mercy on us

Response to the Invocations is  
*Pray for Us*  
Holy Mother of God  
The Holy Family  
St. Joseph  
St. Joachim & St. Anne  
St. Benedict & St. Scholastica  
St. Damian and St. Cosmas  
St. Francis and St. Clare  
St. Peter & St Paul  
St. Anthony  
St. Gerard  
St. Pio  
St. Faustina  
St. Patrick  
St. Therese of Liseux  
St. Vincent de Paul  
St. Martin de Porres  
St. Catherine of Sienna  
St. Lucy  
St. Dominic  
St. Jerome

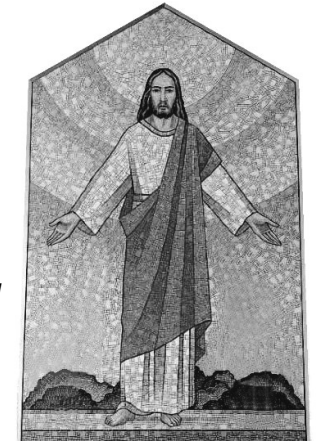
St. John Bosco  
St. Maximillian Kolbe  
St. Margaret Mary Alacoque  
St. Teresa of Avilia  
St. Jude  
St. Philomena  
St. Gertrude  
St. Maria Goretti  
St. Rita  
St. John of the Cross  
St. Agatha  
St. Mary Magdalene  
St. Martha  
John Paul the Great  
St. Bernadette  
St. Francis Xavier  
St. Peter Claver  
St. John Vianney  
St. Benedict Joseph Labre  
Blessed Mary Mc Killop  
Blessed Mother Teresa  
St. Simon of Cyrene  
Pier Georgio Frassati  
All Angels and Saints

### 15th Station The Resurrection

**V.** We adore you, O Christ, and we  
praise you.

**R.** Because by your holy cross you  
have redeemed the world.

*Narrator: It is early morning and the  
sun glistens on the dew covered  
ground. Hope fills the air. The stone  
to the tomb has been moved aside.  
Brilliant light is streaming out from the  
opening. Jesus emerges from the  
light, radiant. He is risen.*



### INTENTION

All: From the darkness of the tomb Jesus emerges.  
Through His death and Resurrection He teaches perfect  
love. Loves framework is truth. These eternal truths are the  
teachings of the Catholic Church. They form to make the  
stairway to Heaven. No matter how rugged and hard they  
may seem like the old wooden Cross they are beacons of  
light, shining in a darkened world.

Only by acknowledging our sin and weaknesses and  
desiring to change and grow, do we really open the door of  
our hearts to grace and spiritual growth.

Trust in Jesus Christ. He who rose from the dead on the  
third day. He alone has the power to resurrect every broken  
piece of the earthly jigsaw, every broken and lost dream into  
the oneness of His love. Heaven where the finished  
masterpiece shall be seen. Brothers and sisters come to  
Him with all your heart. Do not be afraid.

Our Father.....

O My Jesus.....

## 14th Station Jesus is Laid in the Tomb

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: It is quiet. With tear filled eyes Joseph and the others gently wrap Jesus in the burial shroud.*

*Looking reverently at the still, almost unrecognisable body of their friend and Master, some find it difficult to see clearly God's plan in this. The heavy stone is rolled across the entrance of the tomb*

### .INTENTION

All: How hard it must have been for the followers of Jesus to see Him placed in a sealed tomb. Only a few days earlier they could talk and listen to Him and now he was gone.

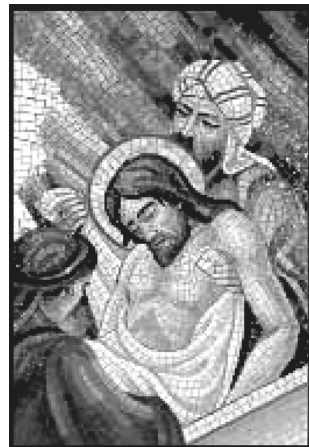
They felt abandoned.

At this Station, let us pause and think about our own spiritual journey. Sometimes God is so close that we feel His presence. But at other times, like those near the tomb, we too can feel abandoned. Jesus seems to withdraw from us. Do not give up. Persist on with your prayers, the greatest spiritual growth occurs during these times.

Jesus, as Your body is laid in the tomb and the stone closes the entrance, I can feel the cold abandonment of separation. Help me to trust and persevere with prayer, especially during those dry and dark periods of our spiritual life.

Our Father.....

O My Jesus.....



## Reaching Out Prayer

Lord, you have created me and called me by name.  
You have given me a mind to know you and a heart to love.  
Now let me be your servant, Reaching out...  
If only by this prayer, to those Who knew you once and loved  
and followed you, but who have now halted, hesitated, stepped aside.  
Let my words be your words.....encouraging  
My ears be your ears..... understanding  
My heart be like yours.....forgiving  
My joy and peace .....overflowing  
May we again be ONE around your Table,  
worshipping the Father, through The Son in the Holy Spirit.

AMEN

### Prayers to the Archangels

*Michael be at my right hand and Gabriel at my left  
Go Ye before me Ariel and be thou behind me Raphael  
Above my head let there be the Crown of Everlasting Life,  
Beneath my feet be the protecting hands of my loving Mother and let me  
always walk in the loving embrace of The Blessed Trinity.*

(Prayer given by Our Lady to visionary at Holy Family House of Prayer)

Dear Mother of Divine Love  
When the Archangel Gabriel appeared to you and told you that you were to become the Mother of God you accepted and were obedient to these commands with complete trust in your heart. Help me this day to be obedient to the Divine Will of the Father. Help me to trust in the Divine Mercy of the Son and help me to accept the Divine Love given to me by the Father through the Son in the grace of the Holy Spirit. Amen

My Lord I am weak and you are my strength and my purpose and my salvation. You are the salvation of the entire world and nothing can be achieved by me with out you in my life. Help me to accept your presence in every part of my life and I know that when I do that simple act of faith **WE** can achieve all things.

### Prayer of St. Gertrude

Eternal Father, I offer Thee the most precious blood of Thy Divine Son, Jesus, in union with the masses said throughout the world today, for all the holy souls in purgatory, for sinners everywhere, for sinners in the universal church, those in my own home, and within my family. Amen.

### Peace Rosary

This rosary is said for peace in our families peace in the world, for the sick and for the Souls in Purgatory. The Our Father, Hail Mary and Glory Be are repeated seven times.

### The Creed

I believe in God, the Father Almighty, Creator of heaven and earth and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From thence He will come again to judge the living and the dead. \* I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.  
Amen.

### Our Father

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil.  
Amen.

### Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the Fruit of thy womb, Jesus. \* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.  
Amen

### Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. \* As it was in the beginning, is now, and ever shall be, world without end.  
Amen

### 13th Station

#### Jesus is Taken Down from the Cross

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: The crowd has gone. Joseph of Arimathea carefully removes the lifeless body of Jesus from the Cross and places Him gently in the arms of His Mother. Mary gazes lovingly at Her Son whom She now cradles close to Her heart. Tears flow from those watching this embrace between Mother and Son.*



#### INTENTION

All: How difficult it is when someone close to us dies. It is natural and good to grieve.

At this Station, let us pause and reflect on how death has affected us. Maybe we are grieving the loss of a lifelong spouse, a precious unborn baby, a loved one to cancer, a drug overdose, a tragic accident or suicide. Those left behind can be filled with guilt or regrets for things they had said or done. It is never too late. Death does not have to separate us from those whom we love. By offering Masses and prayers you are giving your loved ones the most beautiful gift of all. Trust in the power of Divine Mercy.

Jesus, as I look at Your lifeless body, open my heart to the hope of the Resurrection, the hope of being reunited with my loved ones.

Our Father.....

O My Jesus.....

## 12th Station Jesus Dies on the Cross

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: The sky has darkened. The soldiers are casting lots for the clothes of Jesus as they wait impatiently for the signs of life to fade away. Jesus, immersed in atrocious pain, asks His Father to forgive them. The Divine victim bows His head. It is consummated. The Lamb of God has taken away the sins of the world.*

### INTENTION

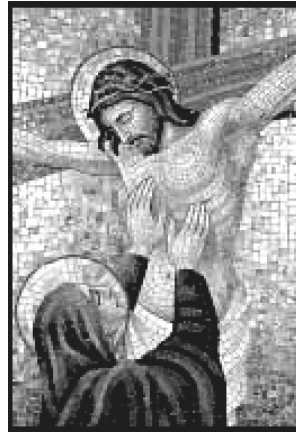
All: Jesus died on the Cross for our salvation. He still prayed for and forgave those who kicked, mocked, stripped, beat and nailed Him to the Cross.

At this Station, pause and look into your heart. Is it hardened with bitterness of not being able to forgive someone? Jesus is asking you to let go. He wants you to take that hurt, that problem and nail it to the Cross. Leave it there. Jesus will give you the grace to be whole again. Trust in Him.

Jesus, I see You hanging on the Cross. You forgave everyone including me. Help me to unite myself to You, that I may forgive just as You have forgiven. Soften my heart and remove from it every trace of bitterness and resentment.

Our Father.....

O My Jesus.....



First say the Creed and then the Our Father, Hail Mary and Glory Be seven times.

### Fatima Prayer

O My Jesus forgive us our sins and save us from the fires of hell and lead all souls to Heaven especially those in most need of Thy mercy.

### Prayer to Our Mother of Good Counsel

We turn to you Our Mother of Good Counsel as we seek to imitate your faith filled life. May we be led by the same wisdom which God sent forth from Heaven to guard you along unfamiliar paths and through challenging decisions. Intercede for us to Your Son as we go forward in hope seeking to be united in mind and heart on our way to God. O Virgin of Good Counsel hear our prayer as we look for guidance. Pray for us to our loving and merciful Father, to your Son, our Lord Jesus Christ and to the Holy Spirit, giver of all wisdom One God forever and ever. Amen.

### Prayer to the Holy Spirit

Come, Holy Spirit, fill the Hearts of Your faithful and kindle in us the Fire of Your love. Send forth Your Spirit and we shall be created -- And You will renew the face of the earth, (Ps 104:30).

Let us pray:

O God, Who did instruct the hearts of Your faithful people by the Light of Your Holy Spirit, grant that by the same Spirit we may be truly wise and ever rejoice in His consolation. We ask this through Jesus Christ our Lord. Amen

*A message will now be read by one of the servants of The Holy Family House of Prayer*

## THE ANGELUS

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

*Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the Fruit of thy womb, Jesus. \* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.*

*Amen*

V. Behold the handmaid of the Lord

R. Be it done unto me according to thy word. *Hail Mary...*

V. And the Word was made Flesh.

R. And dwelt among us. *Hail Mary.....*

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord.

Amen.

## CHAPLET OF THE UNITED HEARTS

### The Creed

I believe in God, the Father Almighty, Creator of heaven and earth and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From thence He will come again to judge the living and the dead. \* I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

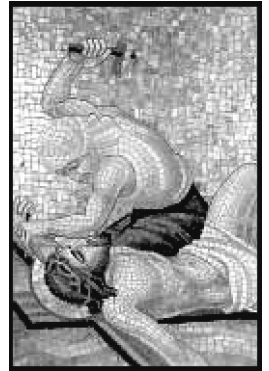
Amen.

## 11th Station Jesus is Nailed to the Cross

V. We adore you, O Christ, and we praise you.

R. Because by your holy cross you have redeemed the world.

*Narrator: Everything is quiet. The silence is broken by the echo of the hammer as crude nails are smashed through the limbs of Jesus. His precious blood spills onto the earth. The punctured hands and feet of Jesus are ripped open as the soldiers violently raise the Cross.*



## INTENTION

All: Jesus loves us so much that He allowed Himself to be stretched out and nailed to the wood of the Cross. At this Station, let us pause and sincerely ponder the reality of what took place. Jesus is saying, 'I died for love of you My friend, I did this so you could gain eternal life'. Yet how often do we forget about Jesus and find excuses not to attend Mass, pray or spend some time with Jesus in the Blessed Sacrament? So often in this world Jesus is put into the background. But really doesn't He deserve to be the King of our Hearts?

Jesus I see the pain in Your eyes as the nails are driven through Your limbs. Help me to put You first in my life and create in me a sincere heart, that can reflect often on the love and humility of Your passion and death.

Our Father.....

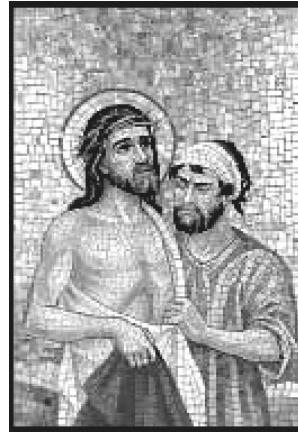
O My Jesus.....

## 10th Station Jesus is Stripped of His Garments

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: Jesus has reached the top of Calvary. The soldiers rip the clothes from His bruised and battered body. Detached from all worldly possessions, the innocent Jesus awaits His execution.*



### INTENTION

All : Jesus entered the world as a poor and helpless babe. He now prepares to return to His Father, detached from everything. Satan, the deceiver, leads us to believe that we need to be attached to all sorts of things.

At this Station, let us pause and enter our hearts, locating these unhealthy attachments that are replacing Jesus.

Love of money, popularity, status, materialism. Strive to become detached from this world. Strive to grow in holiness because we do not know the hour when God will call us to give an account of our life. Be prepared.

Jesus, I see the humiliation in Your face as all is stripped from You. Attached to nothing You own everything. Empty my heart of earthly attachments and fill it with the goodness of Your truth and Your love.

Our Father.....

O My Jesus.....

## Our Father

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil.

Amen.

### 1. In Honour of the Sacred Heart of Jesus

"I invite my children to realize the profound depth and perfection that comprises my Adored Son's Heart. Allow yourselves to be drawn into this Vessel of perfect Love, Mercy, and Truth. Let the Flame of His Heart consume you and bring you to the heights of union with the Holy Trinity. Give to Him all honour and glory!"

*"Jesus, bestow on my children a hunger for salvation through devotion to Your Most Sacred Heart."*

### (1) Our Father and (3) Hail Mary's

### 2. In Honour of the Immaculate Heart of Mary

Immaculate Heart of Mary, you are the purest vessel of grace, the definition of holiness, and a sign of the apocalypse. Mary, your Heart is a Refuge of Holy Love - a counter sign in an evil age.

*Dear Heart of Mary, it has been ordained that the conversion and peace of the world be entrusted to You. Only through Holy Love can the battle be won. As you, Heart of Mary, have been pierced by many swords, pierce our hearts with the flaming arrow of Holy Love.*

### (1) Our Father and (3) Hail Mary's

### 3. Meditation on the Passion of Our Lord.

"Jesus willingly suffered death for the sins of mankind. He died for each one and for all. From His side there still flows an unending font of Love and Mercy. Do not be reluctant; as Simon was reluctant, to embrace the crosses you are given. Many suffer the eternal flames of hell, for no one has been willing to suffer for them  
*Lord Jesus, truly present in the tabernacles of the world, hear our prayers.*

**(1) Our Father and (3) Hail Mary's**

### 4. Meditation on the Sorrows of Mary

"As my Son suffered for you, I suffered as well, in my mind, in my heart, and in my body. My physical cross remained hidden. My emotional crosses could only be imagined as the intensity burned within me. So, too, should your suffering remain hidden, whenever possible, to gain merit for souls, grace for the world."

**(1) Our Father and (3) Hail Mary's**

### 5. Atonement to the Hearts of Jesus and Mary

"I invite you to understand that your agreement to accept Holy Love brings you into harmony with Our United Hearts. I tell you this for to live in Divine Love in every moment requires self discipline and surrender to Almighty God's Divine Will. You can sacrifice many great things - possessions, events, and more - but none so great as your own will. This is the greatest atonement.

**(1) Our Father and (3) Hail Mary's**

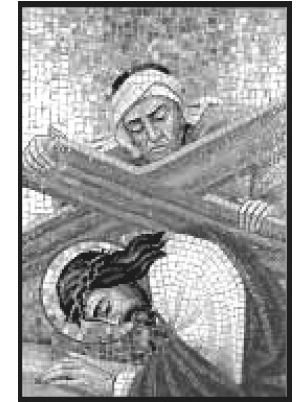
Conclude by saying the Prayer to the United Hearts of Jesus and Mary.

## 9th Station Jesus Falls the third Time

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: Jesus has nearly reached the summit of Calvary. He falls again, pinned under the weight of the heavy Cross. He does not move. The soldiers think He will not be able to go on. With great effort Jesus rises to His feet.*



### INTENTION

All: We, like Jesus, may be thrown to the ground by life's circumstances, trapped in the dirt under the heavy weight of the cross. We can find ourselves in a hopeless situation: deceived by someone we love, an abusive relationship, being blamed or punished for something we did not do, or mean to do.

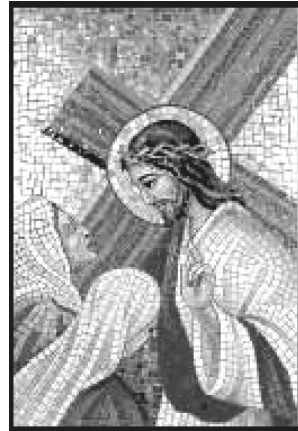
At this Station, let us pause and look at Jesus. He knows your pain. Give Him that pain, that anger, that frustration. He who knit you together in your mother's womb has not forgotten you. Trust in His love.

Jesus I look into Your eyes and see such intense suffering, yet You are determined to fulfil the Father's will. Grant me the determination and strength to get up and to carry on.

Our Father.....

O My Jesus....

## 8th Station Jesus Speaks to the Women



**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: They are standing nearby is a small group of women loyal to Jesus, crying with pity as they see Him approach. They cannot understand how this holy man, their Lord and Master, is being tortured in this most dreadful way. Despite His own agony Jesus stops momentarily to speak to the women.*

### INTENTION

All: So complete was the mercy and compassion of Jesus Christ that He did not think of His own pain, but offered words to others.

At this Station, let us pause and reflect on those times when we are called to suffer. Consider how we react when others try to console or help us those with good intentions who are more of a hindrance than a help. How easy it is to become annoyed and filled with self pity.

As I look into Your suffering eyes Jesus, I see much love. May I learn from You how to bear my trials with patience, that others may see Your presence in me. Grant me a gentle heart, to show understanding and appreciation during my difficult times.

Our Father....

O My Jesus.....

### CONSECRATION TO THE UNITED HEARTS OF JESUS AND MARY

O United Hearts of Jesus and Mary, You are all grace, all mercy, all love. Let my heart be joined to Yours, so that my every need is present in Your United Hearts. Most especially, shed Your grace upon my particular needs at this time. Help me to recognise and accept Your loving will in my life. Holy and Sacred Wounds of the United Hearts of Jesus and Mary answer my prayer.

Most Worthy, United Hearts of Jesus and Mary, I willingly consecrate myself this day to You. I surrender to You all I own, both interior and exterior. Let my life be a continual hymn of praise to Your Most Holy United Hearts. Take the victories and defeats of my life into Your Hearts. Use them, as You need them, to bring about Your triumphant reign. Amen.

### PRAYER TO THE UNITED HEARTS

Immaculate Heart of Mary my heart is on fire with love for you. Guide me this day to the Sacred Heart of your Son, Jesus and help me to stay close to your United Hearts, so I may be filled with the Holy Spirit of love and may reach out to all those I meet in love and compassion and fulfil the work of Our Father in Heaven.

Help me to trust more fully, to love more fully and help me to lead a life where I do God's Divine Will humbly because of my great desire to be a servant of the United Hearts of Jesus and Mary. Amen.

### PRAYER TO THE UNITED HEARTS OF JESUS & MARY

I trust in Thee, O Heavenly Father, and offer Thee the United Hearts of Jesus and Mary, the triumphant Bleeding Wounds of Jesus and the Tears of Our Loving Heavenly Mother Mary.

Lord, Thy Will be done. Amen

Heavenly Father, I trust in Thee. I offer Thee the United Hearts of Jesus and Mary, the triumphant Wounds of Jesus, and the Tears of Our Loving Heavenly Mother Mary.

I give Thee my thoughts, words, deeds, actions, my cells, tissues, blood vessels, nerves, glands, bones, and organs, with the United Hearts of Jesus and Mary.

Lord, Thy Will be done. Amen

Jesus, Mary, I love Thee, save souls.

With Ecclesiastical Approval

**THREE O'CLOCK PRAYERS**  
**Rosary of Our Lady of Tears**

IN HONOUR OF THE SEVEN SORROWS OF MARY

*Prayer on the medal of Jesus*

O crucified Jesus we fall at Your feet and offer You the tears of the one who with deep compassionate love accompanied You on Your sorrowful way of the Cross. O good Master grant that we take to heart the lessons which the tears of Your Most Holy Mother teach us so that we may fulfil Your Holy Will on earth, that we may be worthy to praise and exalt You in heaven for all eternity. Amen.

*Pray on seven larger beads*  
*(also on three pendant beads)*

V. O Jesus look upon the tears of the one who loved you most on earth.

R. And who loves you most ardently in Heaven

*Pray on smaller beads*

V. O Jesus, listen to our prayers.

R. For the sake of the tears of Your most holy Mother.

**Meditations - the Chaplet/Rosary of Tears**

*It is advisable to add a short prayer before each set of the seven little beads, so that it becomes clear what you are asking for.*

1. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Simeon's Prophecy: that a sword will pierce Her Heart, grant us strength that even in our dark hours, we may remain firm in our Faith and loyal in our love for You.

Begin: "O Jesus! listen to our prayers....."

2. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Her flight into Egypt, have mercy on all the homeless, refugees, and those persecuted for the Faith.

then" "O Jesus! listen to our prayers...."

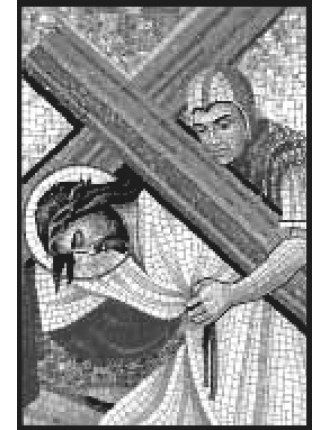
3. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Her search for You, have mercy on those souls who have lost

**7th Station**  
**Jesus Falls the Second Time**

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: Jesus is staggering. Swaying from side to side. The weight of the Cross is crushing Him. Jesus tries to regain His balance but His legs give way. Once again He falls to the ground. Jesus painfully rises to His feet.*



**INTENTION**

All: It was harder for Jesus to get up from this second fall. Continual failings can overwhelm us with guilt and shame. At this Station, let us pause and reflect on the infinite mercy of God. Jesus died for all sins, not just a select few. Pray, 'Lord, I know I have done some terrible things. I've hurt others and myself, but most of all it is You that I have hurt. I am truly sorry, please help me.'

As I look into Your merciful eyes Jesus, I ask that no matter how far I have fallen, please grant me the grace to seek Your forgiveness in the healing Sacrament of Reconciliation. Our Father.....

O My Jesus.....

## 6th Station

### Veronica Wipes the Face of Jesus

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: Surrounded by people hurling insults and abuse, a courageous woman is emerging from the crowd.*

*Veronica, a loyal follower of Jesus has dared to break away. She is gently wiping the blood and dirt from the face of Jesus. Veronica gazes at the cloth. Jesus has left an imprint of His beautiful, but suffering face.*



### INTENTION

All: Jesus was grateful for Veronica's loving gesture. When our faith is tested, we find it difficult to stand out from the crowd and be like Veronica.

At this Station, let us pause and think of the times we are called to extend ourselves to love more. Do we have the courage not to turn and walk away from the face of suffering? But to see Jesus in all those around us, in the addicted, the sick, the homeless, those in prison, shattered families and in all who suffer silently. We need to step out of our comfort zone and wipe the face of suffering.

Jesus, I see the love and appreciation in Your eyes for Veronica's heroic gesture. I ask You to inspire me with courage to reach out to those who are in need with love and compassion.

Our Father.....

O My Jesus.....

You and grant that they will find You again through the Faith left in the temple of their hearts. "O Jesus! listen to our prayers...."

4. O Jesus, for the sake of the tears of Your Most Holy Mother shed when You met Her during Your Painful way of the Cross, grant us help when we are afflicted by illness and tribulations, and show all those who err Faith or do not believe, that You are the Way, the Truth, and the Life. "O Jesus! listen to our prayers...."

5. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Your Agony on the Cross, grant all those dying Your last Graces that are needed for their salvation, and may we accept ours with love, from Your Hand, the death that You have destined for us. "O Jesus! listen to our prayers...."

6. O Jesus, for the sake of the tears of Your Most Holy Mother shed when You were pierced with a lance before Your Sacred Body was taken from the Cross and placed into Her arms, have mercy on all those who suffer, and grant them the knowledge that God will not send them afflictions beyond their strength. "O Jesus! listen to our prayers...."

7. O Jesus, for the sake of the tears of Your most Holy Mother shed when You were placed in the Sepulchre, grant us strength so that we may overcome our fear of death through a hope of a blessed resurrection in You "O Jesus! listen to our prayers...."

### Prayer on the Medal of Mary

O Mary, Mother of Love, Sorrow and Mercy we beseech you to unite your prayers with ours so that Jesus, Your Divine Son, to whom we turn, may hear our petitions in the name of your maternal tears, and grant us, not only the favours we now seek, but the crown of ever lasting life. Amen.

Thy tears, O sorrowful Mother, destroy the rule of Satan, Through Thy divine tenderness, O Jesus, bound and fettered, defend the world from the errors that threaten it.

### Prayer to Our Lady of Tears

O Lady of Tears, look with motherly goodness on the sorrow of the world! Dry the tears of the suffering of the forgotten, of the desperate and of victims of every violence.

Make everyone weep tears of repentance and of new life, which will open their hearts to the generating gift of God's love. Make them weep tears of joy for having seen the profound tenderness of your heart.  
Amen

prayer composed by Pope John Paul II  
to the weeping Madonna of Syracuse

### Consecration to Our Heavenly Father

Dear Heavenly Father,  
We have been told no one can come to the Father except through your Son. I pray today through the Sacred Heart of Jesus and the Immaculate Heart of Mary this prayer of total surrender. I consecrate myself today in my every thought, word and deed. Purify my heart from an self seeking. Create in me a pure heart of holy love so that I may know, love and serve you with a servant's heart. Bind any evil spirits which tempt me with pride and forgive me all my wrong doings. May all the praise, glory and thanks be yours and may I always walk in the present moment in the fullness of your love and that of your Son Jesus by the grace you give me in the precious gift of the Holy Spirit.

### Prayer for the Protection of the Church

O glorious St. Michael, guardian and defender of the Church of Jesus Christ, come to the assistance of the Church, against which the powers of hell are unchained, guard with especial care her august Head, and obtain that for him and for us the hour of triumph may speedily arrive.  
O glorious Archangel St. Michael, watch over us during life, defending us against assaults of the demon, assist us especially at the hour of death; obtain for us a favourable judgment, and the happiness of beholding God face to Face for endless ages. Amen.  
St. Michael, intercede for me with God in all my necessities, especially (*name your specific need*). Obtain for me a favourable outcome in the matter I recommend to you. Mighty prince of the heavenly host, and victor over rebellious spirits, remember me for I am weak and sinful and so prone to pride and ambition. Be for me, I pray, my powerful aid in temptation and difficulty, and above all do not forsake me in my last struggle with the powers of evil.  
Amen.

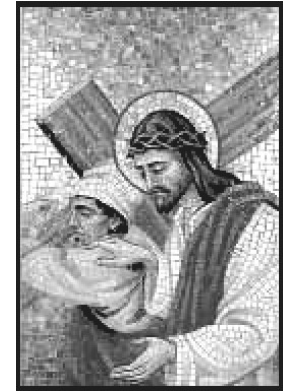
### 5th Station

#### Simon Helps Jesus Carry His Cross

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: The heat of the sun is beating down and this makes the journey more unbearable. Jesus, now physically drained and weakened, keeps stumbling under the weight of the Cross. A passer-by, Simon of Cyrene, is forced to help and his strength makes carrying the heavy Cross much easier for Jesus.*



### INTENTION

All: Jesus wants us to be Simon, to lighten the burden of others. Even the smallest gesture to a friend, a family member or a stranger enables us to be Simon. At this Station, let us pause and look into our hearts. Think of those times where we feel inspired to help but look for excuses because it might be inconvenient, or simply because we cannot be bothered. The smallest effort does make a difference: a smile, a friendly word, a caring phone call, a cooked meal or a heartfelt prayer. As I look into Your eyes Jesus, I see many who need my help. Inspire within me a giving heart, to love more and be Simon to those around me.  
Our Father....  
O My Jesus.....

### 4th Station Jesus Meets His Sorrowful Mother



**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: Mary is sad but strong, standing quietly and prayerfully amongst the abusive crowd. How can a Mother watch Her only Son suffer so much? She knows that this is the Father's will. The deep pain in Her heart can be seen in Her eyes. A moment of great consolation for Jesus, just to see Mary's sorrowful but loving face.*

#### INTENTION

All: There are times in our life when we will watch the heartache and sickness of those we love. It is hard for us to understand why and some even turn their backs on God in anger, hurt and frustration.

At this Station, let us pause and think of those who are dying. It is so easy to feel helpless. But Jesus is asking us to learn from Mary. Mary remained serene, strong and steadfast as She prayed for Jesus. We too can make a difference. Support those who are dying, pray with them and pray for them to accept God's will.

Jesus, I see the look in Your gentle but anguished face. I see Your Mother's pain but also Her complete trust in the Father's will. Lord, give me the strength to remain prayerful and supportive to those who are dying.

Our Father.....

O My Jesus.....

### Chaplet of Divine Mercy

#### Our Father

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil.

Amen.

#### Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the Fruit of thy womb, Jesus. \* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.  
Amen

#### The Creed

I believe in God, the Father Almighty, Creator of heaven and earth and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From thence He will come again to judge the living and the dead. \* I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Amen.

*(With ordinary rosary beads, pray on the Our Father beads:)*

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

*(Pray on the Hail Mary beads:)*

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

*(Conclude by praying three times:)*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

### Three O'Clock Prayer

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of Mercy for us, I trust in You!

Eternal God, in whom mercy is endless and the treasury of compassion -- inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your Holy Will, which is Love and Mercy itself.

### Prayers to the Archangels

Michael be at my right hand and Gabriel at my left  
Go Ye before me Ariel and be thou behind me Raphael  
Above my head let there be the Crown of Everlasting Life,  
Beneath my feet be the protecting hands of my loving Mother and let me always walk in the loving embrace of The Blessed Trinity.

### Prayers to the Holy Spirit

Breath into me Holy Spirit,  
that my thoughts may all be holy.

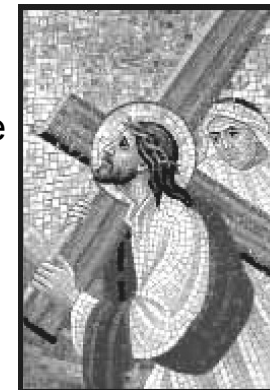
Move in me, Holy Spirit,  
that my work too, may be holy.

Attract my heart, Holy Spirit,  
that I may love only what is holy.

Strengthen me, Holy Spirit,  
that I may defend all that is holy.

Protect me, Holy Spirit,  
that I always may be holy.

## 3rd Station Jesus Falls for the First Time



**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: The road leading to Calvary is rocky and uneven. Jesus is struggling under the weight of the Cross. His bare feet now cut and bleeding. The scourging and the constant beatings from the soldiers have left Jesus so weak and exhausted. He stumbles, loses His footing and falls to the ground.*

### INTENTION

All: Jesus fell this first time to show that He understands our human weakness. Sin occurs too often in our daily lives. However small, these faults impede our way to holiness and to personal happiness.

At this Station, let us pause and honestly examine our hearts. Think of those times when we abuse the beautiful gift of speech, by not controlling our tongue, by gossiping, slandering another's good name, being judgmental or envious.

Jesus, I imagine the disappointment in Your eyes each time I hurt those around me. Please guide my conversation that I may speak to, and about others with love.

Our Father....

O My Jesus...

## 2nd Station

### Jesus Takes Up His Cross

**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: The soldiers push Jesus out onto the street. Insults and threats are hurled at Jesus from the enraged mob, waiting for a glimpse of the spectacle that is about to unfold. A large wooden cross is dragged out. Jesus shudders as the Cross is thrust onto His wounded, bleeding shoulders. With the heavy Cross upon Him Jesus begins the agonizing walk to Calvary.*



### INTENTION

All: Jesus said 'yes' to the Father and willingly took up the rough, wooden Cross for you and for me. Jesus said, 'If you wish to follow Me you must deny yourself and take up your cross'. We all have crosses. Some go through life easily yet others carry a cross so heavy. It is only with God's grace that we are able to carry our cross.

At this Station, let us pause and think of our own cross - family problems, pain, sickness, disappointments, failures. Jesus, I see the pain in Your face as the Cross is thrust upon Your shoulders. Lord, help me understand that it is only through prayer and the power of Your Sacraments I am able to share in Your strength, that strength I need to carry my cross each day.

Our Father....

O My Jesus...

## Act of Consecration to the Sacred Heart

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honouring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee. I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee. I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.

### A Solemn Act of Consecration to the Immaculate Heart of Mary

Most Holy Virgin Mary, tender Mother of men, to fulfil the desires of the Sacred Heart of Jesus and the request of the Vicar of Your Son on earth, we consecrate ourselves and our families to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary, and we recommend to You, all the people of our country and all the world. Please accept our consecration, dearest Mother, and use us as You wish to accomplish Your designs in the world. O Sorrowful and Immaculate Heart of Mary, Queen of the Most Holy Rosary, and Queen of the World, rule over us, together with the Sacred Heart of Jesus Christ, Our King. Save us from the spreading flood of modern paganism; kindle in our hearts and homes the love of purity, the practice of a virtuous life, an ardent zeal for souls, and a desire to pray the Rosary more faithfully. We come with confidence to You, O Throne of Grace and Mother of Fair Love. In flame us with the same Divine Fire which has inflamed Your own Sorrowful and Immaculate Heart. Make our hearts and homes Your shrine, and through us, make the Heart of Jesus, together with your rule, triumph in every heart and home. Amen.

--Venerable Pope Pius XII\*\*

### The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell, the third day He rose from the dead; He ascended into heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### Prayer for the Seven Virtues

Repeat prayers 1), 2) and 3) each time for the Virtues of Faith, Hope, Charity, Humility, Patience, Perseverance, and Obedience.

1. The Lord's Prayer

2. The Glory Be

3. Prayer to the Holy Spirit:

Come Holy Spirit, enlighten my heart, to see the things which are of God; Come Holy Spirit, into my mind, that I may know the things that are of God; Come Holy Spirit, into my soul, that I belong only to God. Sanctify all that I think, say and do, that all will be for the glory of God. Amen. 12-23-91

### O'Maria

"O'Maria transform my heart unto thine, Place around it a wreath of purity, adorned in virtue. Take my heart, dear Mother, consecrated as your own. Present it to God Father as an offering from me to you. Help me O'Maria in each day to make your heart more known."

3-19-93

### Pentecost Prayer\*

"Spirit of Christ, stir me; Spirit of Christ, move me; Spirit of Christ, fill me; Spirit of Christ, seal me. Consecrate in me Your heart and will O Heavenly Father. Create in me a fountain of virtues. Seal my soul as Your own, that Your reflection in me may be a light for all to see. Amen." 6-7-92

### 1st Station

#### Jesus is Condemned to Die

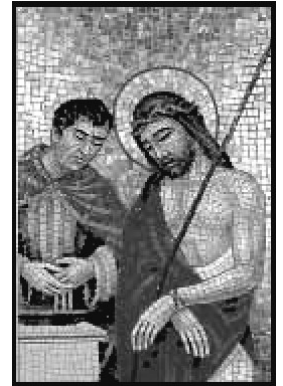
**V.** We adore you, O Christ, and we praise you.

**R.** Because by your holy cross you have redeemed the world.

*Narrator: Jesus is standing silently before the Roman Governor, Pontius Pilate.*

*His hands are tightly bound with rope.*

*Bruises and open wounds cover His body due to the horrendous torture of the scourging. Pilate knows that Jesus is innocent, but he gives in to the crowd and condemns Jesus to be crucified.*



### INTENTION

All: Pilate lacked courage and even though he did not want to he gave in - gave in to the crowd. Sometimes we find ourselves with responsibilities that involve difficult decisions.

At this Station, let us pause and think about the many times we are called to go against the crowd. How easy it is to be dragged along in the tide of worldly standards. When Jesus spoke He was not concerned about opinion polls or His own popularity. He spoke the truth, He spoke the truth with authority.

As I look into Your gentle but tortured face Jesus, I see Your sadness as the crowd condemns You. Please forgive me for the times that I have taken the easy way out and gone along with the crowd. I ask You Jesus to give me the wisdom and the courage each day, to stand with You and make correct decisions based upon Your truth.

Our Father...

O My Jesus....

## STATIONS OF THE CROSS

### INTRODUCTION

Today, we invite you to walk with Jesus His Way of the Cross.

As you meditate on each Station, picture in your mind the suffering but loving face of Jesus looking at you.

With each new suffering and new humiliation He is saying to you... 'My friend, I did this for love of you.'

The Stations of the Cross are in reality the way of everyone's life.

As you pause and reflect at each Station you will see the parallels in your own life, today's real world. Rejection, condemnation, the many falls we experience, the hurts, pains, human sufferings, broken and lost dreams and finally death.

And of course, the Resurrection, the wondrous hope of eternal life. Heaven, the supernatural life of perfection where sin, shame and sickness are no more, where every tear shall be wiped away.

In the name of the Father, and of the Son and of the Holy Spirit...

Amen

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### Joyful Mysteries

1. *The Annunciation*

**Fruit of the Mystery: Humility**

Mother, you were told by the Archangel Gabriel "Do not be afraid". I ask now that you help me to step out in faith and "be not afraid".

2. *The Visitation*

**Fruit of the Mystery: Love of Neighbour**

Mary, my Mother, your generosity of spirit was beyond compare when you walked to visit your cousin Elizabeth. Help me when I reach out to others be compassionate and caring when I reach out to others.

3. *Birth of Jesus*

**Fruit of the Mystery: Poverty**

Dear Mother, Jesus was born because you trusted in the Father's Divine Will in your life. Help me to completely trust the Father in every part of my life.

4. *Presentation in the Temple*

**Fruit of the Mystery: Obedience**

Mother, you obeyed the laws and presented Jesus in the temple. Help me to always be obedient to the Commandments God the Father has given.

5. *Finding of Jesus in the Temple*

**Fruit of the Mystery: Joy in finding Jesus**

Mother, you understand the feeling of loss when you thought Jesus was missing please help me to have courage to hand all over to the Father when people close to me seem so distant from the Church.

### Sorrowful Mysteries

1. *The Agony in the Garden*

**Fruit of the Mystery: Sorrow for sin**

Jesus, you were rejected and abandoned and You knew what was to happen but still you obeyed the Father and submitted to His Divine Will. Help me to submit to the Father's Divine Will in my life.

2. *The Scourging at the Pillar*

**Fruit of the Mystery: Purity**

Lord, they were so cruel and you endured much for the salvation of mankind. Help me to endure any criticism or persecution and offer it back to the Father to use for the redemption of others.

3. *Crowning with Thorns.*

**Fruit of the Mystery: Courage**

My dear Jesus, I cannot imagine the agony you suffered when they pushed the crown of thorns deep into your head. Help me to accept with courage any suffering I may have in my life knowing you are with me at all times.

4. *Carrying of the Cross*

**Fruit of the Mystery: Patience**

My Lord Jesus, you carried your cross for me and still you reached out in love to others on the way. Help me to carry my little crosses patiently. May I not let them weigh me down but still be able to reach out in love to others.

5. *The Crucifixion*

**Fruit of the Mystery: Perseverance**

Dear Jesus, You died so I would have new life. Yet still we do not listen and learn. Help me to always persevere and may I always hear the words you speak to me so I do not crucify you anymore

### Glorious Mysteries

#### 1. *The Resurrection*

##### **Fruit of the Mystery: Faith**

Dear Jesus, Thank you for all you have done for Me. You rose again and showed us the way to Eternal Life. Help me to always have faith and realize that you will guide me towards my Heavenly Inheritance.

#### 2. *The Ascension*

##### **Fruit of the Mystery: Hope**

Dear Jesus,  
You ascended to sit at the right hand of the Father in Heaven. Help me to hold on to the hope that one day I too will ascend to my Heavenly Home.

#### 3. *The Descent of the Holy Spirit*

##### **Fruit of the Mystery: Love of God**

Thank you for sending us the Holy Spirit to inspire us into leading faith filled lives. Help my love for God to grow ever deeper through the graces given to me by the Holy Spirit.

#### 4. *The Assumption*

##### **Fruit of the Mystery: Grace of a Happy Death**

Dear Mother, Queen of our homes and Queen of Peace. The Father took your body and soul into Heaven and uses you as Co-Redemptrix of Mankind through your Immaculate Heart. Guide me this day to my Eternal Father, to your Son's Sacred Heart and to the Holy Spirit of Love.

#### 5. *The Coronation*

##### **Fruit of the Mystery: Trust in Mary's Intercession**

Mother, you have been crowned Queen of Heaven and Queen of Earth. I thank you for the Motherly wisdom and guidance you give me and for hearing my prayers and interceding on my behalf to the Blessed Trinity.

### Luminous Mysteries

#### 1. *Baptism of Jesus*

##### **Fruit of the Mystery: Openness to the Holy Spirit**

Jesus, You were a humble example to us all when you allowed your cousin John to baptize you in the River Jordan. Help me to always be humble and recognize the gifts and graces I am given by the Father through the inspiration of the Holy Spirit

#### 2. *Wedding at Cana*

##### **Fruit of the Mystery: To Jesus through Mary**

Jesus, you listened to your Mother when she asked you to help at the Wedding Feast of Cana. Help me to listen to Our Lady as she guides me towards your Sacred Heart.

#### 3. *Proclaiming the Kingdom*

##### **Fruit of the Mystery: Repentance and Trust in God**

Lord Jesus, you stepped out in faith and ministered for 3 years to the hurting people. Please help me to also have courage and step out in faith and help those people that are sent to me by God to help by serving them in love and compassion.

#### 4. *Transfiguration*

##### **Fruit of the Mystery: Desire to Holiness**

Lord, you showed your Divinity to the Apostles in the Transfiguration. Transform my life dear Jesus so I may be a shining light to others and may grow in holiness.

#### 5. *Institution of the Eucharist*

##### **Fruit of the Mystery: Adoration**

Lord, you left us a visible means of nourishment by the institution of the Blessed Eucharist. Help me to use this Sacrament of grace often to gain strength for my journey.

### Chaplet of The Compassionate Tears of Christ

O Father we desire to be an image of your Son,  
Our Lord. Jesus Christ. By reflection upon His compassionate tears may we come to better know Him and His merciful love.

He, who was born because of our sins.

He, who was born to bear our sins.

He, who was born to death for the debt of our sins.

He, who was born again to forgive our sins.

He who was, is and will be our everlasting saviour.

We give all praise and glory to you.

We humbly ask intercession from our Blessed Mother.

Holy Mary Mother of God

Exalted be your name above all others,

Blessed is your Immaculate Conception,

The blessed fruit born without our sin, to bear the fruit of man's injustice,

Immaculate heart of Mary turn our sorrow to joy,

Ever Blessed be the gift of the Father, Our Mother, Bearer of our salvation.

### The Creed, Our Father & Glory Be

#### 1st Mystery

#### 1. **Jesus wept at the tomb of Lazarus**

V: Through your compassionate tears

R: O Jesus teach us mercy. (10 times)

Hail Mary

#### 2nd Mystery

#### 2. **Jesus wept in the Garden of Gethsemane as He approached the hour of the cross.**

(We offer this mystery for those who bear their cross for Christ, for Martyrs, for missionaries and for all religious and for those who bear their cross through illness.

V: Through your compassionate tears

R: O Jesus teach us mercy. (10 times)

Hail Mary

#### 3rd Mystery

#### 3. **Jesus wept over the city of Jerusalem**

V: Through your compassionate tears

R: O Jesus teach us mercy. (10 times)

Hail Mary

Fatima Prayer to conclude

"O My Jesus forgive us our sins and save us from the fires of hell and lead all souls to heaven especially those in most need of thy mercy."