

to pick up your cross renouncing self and come and follow Me. Read John 16: 20-22. Humble your heart and trust completely in God's plan of hope for you. Do not fear this suffering and process of dying to self with the full knowledge that you will receive new life and the fullness of God's love for you. Time is short and there is still preparation which is needed. Use this time to examine well your motives of self. Let go of any impure thoughts, words and deeds. Give of yourself in a love which is holy and pure. Learn more about self giving love (agape love). This is the way of your Lord and God. This is the little way. Do not be afraid to renounce all old patterns of selfishness. Be washed clean by the blood of the Lamb and be refreshed by the water which flows unceasingly from the eternal wellspring. Come and draw water joyfully from the wellspring of salvation. Read John 4: 13-14. Receive the living water of the Holy Spirit so that you may live your life anew.

28th February 2010 (Night Prayer)

My little ones,

Endure the difficult moments by remaining close to Me. I am your Prince of Peace. I am your Eternal light. Stay in My light. Do not be tempted to stray into the darkness. You must be as stealthy as the fox yet as gentle as the dove. You live in turbulent times. The prince of deception preys around looking for the weak. You must put on your spiritual armour in readiness. Do not compromise the truth you have been taught. Do not water down My truth. You have been called to serve in the spiritual army of your Lord and God; the battle between good and evil rages. Be vigilant. Do not loose your focus because of the distractions of the world. Stay awake. Put on your shield of faith and your helmet of salvation. Be prudent and wise like the five wise bridesmaids with oil in your lamp. Do not become overwhelmed by the challenges you face. Change your heart to be open and pure and you will change the hearts of many. Many of God's people have been fooled and are blinded to the truth. Pray, fast and give of yourself selflessly for the conversion of many souls. Stand firm in the face of all adversity. Read Acts 2: 17-21. Do not be afraid. Listen to the gentle whispering of the Holy Spirit to guide you. Do not panic or run ahead. Remain with Me and I will guide you to pastures green. The eyes of the spiritually blind will be opened and the spiritually deaf will hear then I will reveal My real hidden presence. I will be your God and you will be My people. Have courage for I have overcome the world.

21st October 2009 (Night Prayer)

My dear little ones,

Do not become consumed with the ways of the world as they draw you away from your spiritual life. Learn to take time each day to be still and you will gain insight into God's plan for you. Take time to contemplate the love of God. You must learn to trust in His Divine providence. Let go of the need to stay in control and learn to walk with Me your Lord and Saviour. Look to the Scriptures you have heard. You have been given spiritual gifts to use to further the Kingdom of God. To those who are given much more will be expected of them. Do not turn your back on these precious gifts; your Lord and God gives generously to you but God can also take away. Use your talents to help others who are lost in the darkness of sin. Do not be prideful but learn the important lessons of humility. Give of yourself generously without expectation of return. You have been called to come and follow Me. You must renounce yourself, accepting the last place and pick up your cross to follow Me. I remind you again take time you are given in preparation. Mend your nets because the time will soon be upon you when you will be called to throw your nets into the deep. Take time to pray and discern God's Will before you step out as missionary servants of God's love. The work is plentiful but the labourers are so few. I ask you to strengthen your faith, clinging always to God's plan of hope and allow Me to fill you with the love of the Father given to you through Me His Son by the grace of the Holy Spirit.

22nd October 2009 (Night Prayer)

My dear little one,

Time is short and there is urgency for you to make preparations to receive your Lord and God. Look to Scripture. I sent the disciples ahead to prepare the upper room in readiness for the Passover. Look also at the Scripture passage written in Luke 3: 4-18. John the Baptist prepared the way for the Lord. The time approaches when the wheat must be sorted from the chaff. Do not waste this time you have been given in preparation. Make the most of each moment to prepare a worthy dwelling place for your Lord and God. Be humble of heart seeking forgiveness for your sins in the Sacrament of Penance and you will gain eternal life. Let your garment be as white as the first snow in readiness for the banquet. Study also the parable of the wedding feast Matthew 22: 1-14. Do not let pride be your downfall, for many are called but so few are chosen. Pray and stay close to Me your Good Shepherd. My sheep are scattered and my shepherds have abandoned my flock, leaving it vulnerable and easy prey for the wild animals. My shepherds will be held accountable for their actions.

I have told you the words “to those who are given much will be expected of them; to those who are given on trust even more will be expected of them”. Pray prayers of protection for My shepherds. The time of enlightenment approaches and each one will be accountable for their life lived. Be like the five wise bridesmaids. Prepare well with the oil of salvation in your lamp in readiness for your Eternal Bridegroom.

23rd October 2009 (Night Prayer)

My dear little ones,

I am calling you to step out of your comfortable existence in the missionary work of God's love. Look to Scripture to understand the ways of your Lord and God. I sent My disciples out in twos to proclaim the good news of salvation. They were called to heal the blind and deaf, the lame and the sick and those who were disturbed by evil spirits. You too will be called to step out as My instrument of holy love. Do not let your mind run ahead with thoughts as to what this means. I ask you to be docile to the Spirit of God. Listen to the gentle whispering of the Holy Spirit. I have told you that I would send you My Spirit of truth to guide and help you. I ask you again to pray with a fervent faith and wait upon the Lord. When the time is right you will be given the answers you need. Do not waste the time you are given. You must learn structure and discipline as this is the foundation of wisdom. Do not become distracted with worldly pursuits but remain focussed on God's plan of hope. Look to God's generosity. Give grateful thanks for all you are given. Come to Me with all your heavy burdens and let Me give you comfort. Trust my little ones. I am with you until the end of time. Call my name and I will answer you. Do not let your daily frustrations distract you. If you ask for My help you will receive it. Take this time you are given to learn the lessons of holy love. Will you be My servant of the little way of holy love? Be humble of heart. Do not seek recognition and earthly reward but instead be happy to accept the last and most insignificant place and you will reap rewards which are eternal. This is the path of holiness I am calling you to take. Be holy as I your Lord and God am holy.

24th October 2009 (Night Prayer)

My dear little ones,

I want to emphasize tonight the importance of God's people returning to a simple life of holy love. Time is short and many people are ignorant to the truth. They are not prepared and will suffer the consequences of their decision to turn their backs on God's love. I ask you to be like a lighthouse on the treacherous shore line. Many ships would be lost if they did not have the bright, beaming light showing

not be afraid to suffer these little trials – it is through these trials that you will gain your Heavenly inheritance of life eternal. Read also Revelations 21: 5-8. I will give you a new heart. I will put a new Spirit within you. I will wash you clean from the wellspring of salvation – My most Sacred Heart, then you will be My children and I will be your God.

26th February 2010 (Afternoon Prayer)

Listen and learn from Me for I am meek and humble of heart. Do not fear this desert track you walk. I am with you as you journey on the path of deeper faith and trust in God's plan of hope for you. There is a purpose for the calling you have received to journey deeper as God's servant of the little way of holy love. I have asked you to pick up your cross, renounce self and follow Me. There will be times on this journey when you feel the weight of the cross upon your shoulders. Stay close to Me. Do not try to remain self sufficient. Bring to Me all your burdens and I will give you rest for your soul for My yoke is easy and My burdens light. Endure these small trials and you will be given the grace to help you grow stronger. God's ways are so different to the ways of mankind. Do not try and run ahead. Be constant and walk with Me in the present moment. I will give you the courage and strength to take the narrow path of sanctity. I have called you to be children of holiness – My children of truth. Many of God's people are confused and no longer have clear perception of right and wrong. Look to Proverbs 2: 1-13. Wisdom is a gift given to you by God. Give praise and thanks for the precious gifts – the hidden treasure you have received. Learn to revere your Lord and God. Reverent fear of God is the beginning of knowledge. Do not be afraid to choose to take the path of discipline. The path of the unwise is the wide path of compromise and unhealthy choices. I am your Divine healer. It is not the healthy who are in need of the Physician but the sick. Use wisely this time of preparation for the time fast approaches when the spiritually sick will need your help. Deny yourself now in readiness for the time to come.

27th February 2010 (Night Prayer)

My dear little ones,

Look to Scripture to give you deeper understanding of My ways. A woman suffers pain in childbirth but this suffering is forgotten when she nurtures her newborn baby. You too must experience suffering and pain on your spiritual journey of faith. Do not avoid the small suffering and crosses you are asked to bear. Choose the narrow path of purification so you can live your life anew. Look to My suffering, death and resurrection to help you understand the words given to you

My dear little one

I am with you always until the end of time. Do not fear your desert experiences they will strengthen you in your endurance and trust of the love I have for you and for all God's people. Never think you have been forgotten – think of My wounds and remember I have carved you on the palm of My hands. I ask you to suffer these inconveniences for the salvation of souls, the work is plentiful and My labourers are few. Many do not want to suffer any inconveniences and take the path of selfishness. The way of the world is the path of self satisfaction the prince of the world deceives the people to believe that the way of self importance and self pleasure is the way of self fulfilment. This is wrong I am your Prince of Peace and I will show you the path of spiritual fulfilment – the path of an interior peace and joy – the path which lead you to life eternal. Listen and learn from Me for I am meek and humble of heart. My way is to give of yourself in agape love (self giving love) to serve other selflessly with no hidden agendas of return for the service rendered. This is the little way. Do not let the ways of the world distract you keep you eyes firmly fixed on the prize which will give you your Heavenly reward. I am that hidden treasure and I reside within you in the temple of your heart. Our hearts beat as one. Stay close to Me your Good Shepherd so I can guide you to pastures green and to the restful waters which will revive your drooping spirit. Do not be disheartened remember always that I have overcome the world.

24th February 2010 (Night Prayer)

My little children,

Yes, that is what you are called – children of God. Read Romans 8: 14-17. You are heirs to the Kingdom of God – co-heirs with your Lord and Saviour Jesus sharing both My suffering to share also in My glory. Do not be afraid to suffer. Your suffering is never wasted when offered as a humble sacrifice for the salvation of souls. It is My little suffering souls around the world who are helping hold back the hand of God's justice. Suffer little inconveniences for the conversion of all hardened hearts. Do not think that these little acts of selflessness have no merit. I have called you to be My servants of the little way. Listen and learn my little ones the many lessons as you walk the pilgrim journey of faith. Be led by the Spirit of God on this journey of self discovery so your inner self will grow strong. Let go of all self ego – all selfishness and pride. Humble your hearts and be born again by the Spirit of the living God leading you on the path of purification. Yes this is what I am calling you to be – pure and holy – children of God. I have told you in the Holy Scriptures to let the little children come to Me – for it is to such as these that the Kingdom of God belongs. Be childlike and trusting. Come to Me with all your burdens and I will give you rest. Do

them the way around the dangers which lurk in the dark. You have been called to follow the little way of holy love. You have chosen to go back to a more simple way of living. Show others how to live a simple life. Look to the many gifts of nature given by God to help you. There are natural remedies which can be used without harm to the body. Research God's ways. You have been told in Scripture if you ask for help you will receive it; if you seek you will find and if you knock the door will be opened. It is time to knock on the door. Make use of the tools of the modern age to research and discover the many hidden gifts which are there for all to use. You have read in Scripture in Matthew 6: 25-34 to trust in Divine providence. If God your loving Father looks after the birds in the air and the flowers in the field how much more will He look after you. Teach others the lessons you have learned. Each one needs food for the soul. I am the Bread of life. Point the way to Me your Lord and Saviour. Look to My hidden presence in the Holy Eucharist. I am the spiritual food which is so desperately needed. Many of God's people are blinded to the truth. My body is real food and My blood real drink. Read John 6: 53-58 and I will reveal to you My real presence. Live in Me, My little ones as I live in you.

25th October 2009 (Night Prayer)

My dear little ones,

I encourage you to take time to be still and you will gain Heavenly riches. Be docile to God's Spirit and listen to the gentle inspiration you are given on your journey of faith. Do not be full of pride and insist on following your own way. Surrender all your will to the Divine Will of God and you will be given grace beyond your understanding. You must learn the lessons of humility. Be patient and wait upon the Lord. I remind you again of the prayer given "here I am Lord I come to do your Will". You must learn to serve others instead of wanting others to serve you. Surrender your strong will to the Divine Will of God not only by your words but in your thoughts and actions as well. Do not have agendas of self interest in the work you do to further God's Kingdom. Let your eyes be firmly fixed on the hidden treasure which is not of this world but will lead you to eternal riches. I am the hidden treasure – the pearl of great price. Do not continually search for fool's gold of the world but focus on Me – I am the hidden jewel. I wait for you in the holy tabernacle. Come and spend some time with Me and I will show you the way to inherit life eternal. You have read in Scripture Matthew 6: 19-21 to store up treasures in Heaven. For where your treasure is there will your heart be also. Be careful you are not blinded to the truth. I have asked you to clean the inside of the cup. Do not think you can fool your Lord and God. Let your thoughts, words and deeds

be pure and holy. Renounce your old ways, pick up your cross and come and follow Me.

27th October 2009 (Morning Prayer)

My dear little one,

Do not delay in deepening your faith. You have read in My Holy Word that the seed must be planted in deep rich soil. The seed planted in shallow ground will soon wither and die. Strengthen your faith by spending time with Me your Good Shepherd in quiet contemplation. Take time to read Holy Scripture. Study the path which your brothers and sisters in Christ (the saints) took to deepen their faith. Do not be afraid to give of yourself in self giving love. I remind you to concentrate on your own spiritual journey. Many look and think that the grass is greener in the next field. Put effort into your own field and you will produce a harvest which is hundredfold. I have told you that I will lead you to green pastures. I will give you the nourishment you need. Trust and believe in My love for you. Do not doubt My real presence hidden from the proud but revealed to my little ones in the Holy Sacrament of the altar. Pray for clear perception. Do not be fooled by the lies of the evil one. Many people, at this time have been deceived by his smoke screen. The man who lives by the truth comes out into the light. Do not be tempted to stray into the darkness because you have listened to others who are stumbling in the dark. Satan's smoke screens are subtle and he will lure the unsuspecting away from the path of truth. Put on your spiritual armour as you live in testing times. Carry your shield of faith, wearing always the belt of truth and the helmet of salvation. Stay close to Me and I will lead you up the narrow path as you climb the holy mountain of the Lord.

27th October 2009 (Night Prayer)

My dear little one,

Do not hide away when you feel overwhelmed by the atrocities which are happening in so many nations. Stand up for your faith. I ask you to have the strength and endurance to be a warrior of your faith. Pray and stand firm in these difficult times. Trust in My merciful love for you and for all. Make the most of each moment you are given. You have been chosen to step out in faith as a missionary servant of God's love. Do not run and hide when people mock you for your beliefs. Remain strong and you will be given the grace to persevere through your difficult times. Many of God's people are weak and fail when their faith is tested. They want the easy, wide road and are not prepared to suffer any inconveniences for their Lord and God. Do not take the easy road but be prepared to climb the narrow, steep path up the holy mountain of the Lord. Do not continually make excuses for your failure

My dear little ones,

Do not be afraid to face the adversities in your daily lives. Come to Me with all your burdens and I will give you rest for your soul. You face many difficulties as you become aware of the heaviness of sin committed by God's people throughout the world. The darkness of sin covers over many. They are blinded to the truth. They stumble in this darkness and do not see My light. The time of enlightenment is coming. The new dawn is not far away. I ask you to persevere in this desert you walk through. Do not become disillusioned. Keep your eyes upon your Lord and God. I will show you the way to life eternal. Just as My Mother was told that a sword would pierce her heart you too must experience this same heartache. Look to My Mother to guide you. Be humble of heart and trusting of the love given to you by the Father through Me His Son in the grace of the Holy Spirit. Walk these 40 days through the desert and you will experience a deepening of your faith. You will have clear perception of God's plan for you. You will begin to understand more fully the ways of your Lord and God. Choose the narrow path of prayer, fasting and alms giving for the salvation of souls. The harvest is plentiful and the labourers so few. You will be called to go out into the field so use this time you have been given to prepare so that you produce a harvest thirtyfold, sixtyfold and hundredfold. I am Lord of the harvest. Listen and be ready for the harvest of the Lord is not far away.

18th February 2010 (Night Prayer)

My dear little one,

Do not be afraid to deny yourself through fasting and self sacrifice. You will gain much spiritually from the taming of your bodily desires. I have told you if you have the faith of a mustard seed you can move mountains. Cling to the corner of My garment my little one – come and imitate the ways of your Lord and God. Follow the spiritual disciplines of prayer, fasting and alms giving and you will receive Heaven rewards. Renounce yourself, pick up your cross and follow Me. This is the narrow path that will lead you to life eternal. Break down the walls of self and let Me be first in your daily life. Trust in Me and the love I have for you and for all. God's people must go through the purification of self in preparation for the coming of the Bridegroom. Prepare the way of the Lord. Prepare a worthy dwelling place in the temple of your heart for the Father, Son and Holy Spirit. Look to John 14:23. Clean the inside of the cup not just the outside as an outward show of piety. You must be cleansed interiorly. Read again Ezekiel 36: 25-28. I shall put My spirit in you and I shall give you a new heart then you will be My people and I will be your God.

23rd February 2010 (Morning Prayer)

timing. Cling to the corner of My garment with your heart filled with hope. The darkest moments are always before the dawn of a new day. Yes a new day of hope will dawn and then those who are struggling in the darkness will be given the opportunity to come into the light. I will put a clean heart in My people. I will give them a new heart. Read Ezekiel 36: 25-28. I will be your God and you will be My people. You will be renewed in spirit. Take this time you have been given to be purified in thought, word and deed. Do not wait until the last moment. Be prepared like the five wise bridesmaids with the oil of salvation in your lamp. You do not know the time that your Eternal Bridegroom will come so I remind you again to take time to be prepared. Walk moment by moment through the desert of doubt trusting always that I your Good Shepherd am with you. Listen and learn the many lessons while you have time. Do not seek the spiritual highs but instead embrace the spiritual desolation. It is in your struggles and difficult moments that you will be given the grace to strengthen you to know, love and serve your Lord and God with your heart full of hope as a humble servant of the little way.

16th February 2010 (Night Prayer)

My dear little ones,

You are not alone – I am with you. I will look after you. Stay close to Me. Cling to the corner of My garment. You live in difficult times. Brother has turned against brother – families are divided. Be vigilant. Do not let the sun set on your anger. Be tolerant and forgiving. Run that extra mile – endure the inconveniences – follow the little way of holy love. Give of yourself in self giving love. Turn the other cheek when you are insulted. Do not run away and hide from the problems you face. Pray, fast and give of yourself generously to help in the healing of the wounds within your families. Be patient. Do not give into despair. Cling to hope of the new dawn. Show others the way to live a life that is holy and pure. Do not be afraid to walk through the desert; so many have chosen the easy path of the world. Selfishness and greed are the fruits they bear and this gives birth to many other sins. Take the narrow and more difficult path and you will bear good fruit which is thirtyfold, sixtyfold and hundredfold. Look to Scripture. Read Luke 6: 39-45. You have also read in Scripture the words where your treasure is there will your heart be also. Change your heart my little ones. Blessed are the pure of heart they will see God. Choose to take the desert path of purification while you are given this time of preparation. Do not delay. Time is short. Learn to be holy as I your Lord and God am holy.

17th February 2010 (Night Prayer)

to follow the little way of holy love. The little way is difficult because you must renounce all your old ways of self. You must serve others instead of demanding that others serve you. No complaints of unfairness must be spoken. Look to Martha and Mary. Martha complained because she was doing all the work. Strip back the hidden layers of selfishness you have. Purify your thoughts, your words and your deeds. Do not be caught sleeping. You must take time in stillness and prayer to prepare for the coming of your Lord and God. Listen and learn the many lessons to help you grow deeper on your spiritual journey. Be humble of heart, giving of yourself without expecting return and you will receive your Heavenly inheritance of life eternal. Choose to take the narrow path of holiness not the wide highway of perdition.

28th October 2009 (Night Prayer)

My dear little ones,

Look to the Scriptures to help you understand the ways of the Lord. You must take time in preparation just as the disciples were called to go to the upper room and pray in readiness to receive the gift of the Spirit of God on the day of Pentecost. You too must go to your upper room and pray fervently in preparation for the coming of the Eternal Bridegroom. Do not waste this opportunity you are given to change the way you live your life. Time is short and there are changes which need to be made. Do not leave these changes until the last moment as you may regret this decision. Many people search for fulfilment through worldly pursuits. This type of life will not last. Return to a simple way of life. Take time for your Lord and God, take time for your family and loved ones and take time to reach out in love to others. Share all you have with others. Do not hoard up your possessions. You enter into the world with no possessions and you also leave with nothing. Do not let your mind be consumed with the ways of the world, as these ways will not help you. Your time in this world is short but your time in eternity lasts forever. Be prudent and wise. Choose the narrow path of righteousness and you will inherit life eternal. Come my little ones to your upper room and spend time with your Lord and God in quiet contemplation. I am your Good Shepherd and I will lead you up the holy mountain of the Lord. Do not be afraid to take this path of holiness with your Lord and Saviour.

30th October 2009 (Night Prayer)

My dear little ones,

I am with you always. Do not doubt My presence. Where two or three are gathered there am I in your midst. Listen and learn from Me. I am your Prince of Peace. Learn the ways of your Lord and God. Learn

how to be still as this is the way to hear the gentle prompting of the Holy Spirit. Do not worry about the disruption and disturbances which happen externally. Pray for My interior peace and joy to fill you and flow out to others. Many people search for a worldly peace and joy through possessions and selfish pursuits. This is not the way to life eternal. Do not let Satan distract you and cause you to spend your life worrying about worldly treasures. Focus your life on the treasure which is everlasting. I am this treasure – the hidden pearl of great price. Come to Me and I will show you the way to inherit life eternal. Let your love of God and love of neighbour be foremost in your mind. Let go of trying to control every situation. I have told you many times to come to Me with all your burdens and I will give you rest for your soul. Take time for God in thanksgiving and prayer. Take time to outreach to others in holy love and also take time to rest. You must be balanced in your body, mind and soul. Do not run ahead of God's plan. Be docile to the guidance given to you by the Spirit of God. I ask you to keep holy the Lord's Day. Come and spend time with Me. Receive your Lord and God in the Holy Sacrament of the altar. Let us be united in body, mind and soul. Do not profane the Lord's Day. Rest my little ones. Come to Me and I will give you rest for your soul. Be holy as I your Lord and God am holy.

1st November 2009 (Morning Prayer)

My dear little one,

Do not be afraid. Pray for the courage and strength to persevere through the difficult moments you face. Stay close to My Mother. She will help you. Bring all your burdens to Me and I will give you rest for your soul. Take time to listen to Me. Learn the important lessons of faith while you are given the opportunity. Pray that your eyes are opened for you to see the many wonders and blessings given to you by your Lord and God. Go to your quiet place away from the constant noise of the world so you can hear the gentle whispering of the Holy Spirit. Open your heart to receive the love of the Father given to you by Me His Son through the grace of the Holy Spirit. Do not build a fortress around your heart because of the hurts you have experienced in the world. Look to John 16: 32-33. Do not search for worldly peace but seek the peace which the world cannot give you. I am Prince of Peace. Do not let your faith be stagnant but let it flow continuously. You are a pilgrim on faith's journey. Travel deeper interiorly and you will discover hidden treasures of your faith. You will begin to understand that My peace comes to you from within. Let My peace and joy flood your soul and flow out like a river to all. Clean the interior and prepare a worthy dwelling place for your Lord and God. You are a temple of the Holy Spirit. Open your heart and draw water joyfully

heart and you will see God. Let go of any motivation of self. Strip back old patterns of selfishness. These patterns are sometimes hidden and need to be brought out into the light. Take time to be still and let Me reveal to you the ways of your Lord and God. I have called you to follow Me. Look to My life and imitate the ways of your Lord and Saviour. Take time to pray in thanksgiving for all the Father has given to you. Pray for all your needs and your prayers will be answered. Be generous in your giving because the amount you measure out is the amount you will receive. Choose the path of discipline – rein in your wild ways by denying yourself and you will receive rewards which are eternal. Seek always the path of holiness not the easy path of perdition. Be holy as I your Lord and God am holy.

13th February 2010 (Night Prayer)

My little ones,

Time is short and there is still much to prepare. Stay close to Me and I will show you how to prepare the way of the Lord. Do not be afraid – walk moment by moment with Me on your pilgrim journey of faith. Take time to listen more. It is not by your many words spoken in haste that will change the hearts of others but by the example of love you show to all by the humble and patient way you live your life. Look to My Mother to guide you. Be obedient to God's Will as she was obedient. Magnify the Lord in all you do. Learn to become less so I can become more. Do not be afraid to take this path of purity where you learn to think less about self and you are able to work more in service of God by serving others. Read Isaiah 58: 6-9. I, your Lord and God hear the cries of the poor. Look to the prayer of My Mother given in Luke 1: 46-55. Pray this prayer often. Happy the poor in spirit theirs is the Kingdom of God. Imitate My Mother who was the humble handmaid of God. Do not worry about how you are perceived by those around you. Let your eyes be firmly fixed on the treasure. I am the hidden treasure - the pearl of great price. Do not let your main focus stray to worldly treasures as these are not lasting. Love your Lord and God with all your heart and your neighbour as yourself. Follow these commandments and you will inherit life eternal.

14th February 2010 (Night Prayer)

My little one,

Serve others with a heart that is pure. Do not let your daily struggles overwhelm you. Stay close to Me and I will shepherd you to peaceful waters to revive your drooping spirit. Do not become discouraged when you think your prayers are unheard and unanswered. You must patiently wait upon the Lord. God's timing is so different to your

must be made for the many sins which weigh so heavily upon the world. The world will be covered in darkness as many are blinded to the truth and are stumbling on the path of destruction. I am the light of the world. Do not stray away from Me. Cling to the corner of My garment. Cling to your faith even though you are surrounded by unfaithfulness. Remember always do not be afraid for I have overcome the world.

9th February 2010 (Night Prayer)

My dear little ones,

You must endure the trials to strengthen you for the time ahead. Just as gold is tempered and purified through fire you too must also be strengthened and purified through the fire of the Holy Spirit. Read 1 Peter 1: 5-9. Do not be afraid to choose the path of purity. Let go of all parts of you which will impede your spiritual journey towards life eternal. Accept the small crosses you have been called to carry. This is the path of purity. I have asked you to pick up your cross, renounce self and come and follow Me. Many are fickle and want to have the easy path. They search for spiritual consolation and avoid any desolation. Look to the ways of your Lord and God. I have said to come and follow Me. Before My public ministry began I was sent by the Spirit of God into the wilderness where I fasted for 40 days. Satan tried to tempt Me to choose the easy path. Imitate My ways. You too must accept the desert path on your pilgrim journey of faith. This is the testing I have told you about. Courage and strength is gained not in consolation but in your time of trial and desolation. You must be prepared like the five wise bridesmaids for the time ahead. Deny yourself by fasting and acts of self denial. Take time in quietness and prayer to listen to the gentle call of the Holy Spirit and give generously of yourself and you will inherit life eternal. Be holy, as I your Lord and God am holy.

12th February 2010 (Afternoon prayer)

My little ones,

You are not alone. I am with you always until the end of time. Do not despair when you experience a heaviness of heart over your family and loved ones. I ask you to endure these difficulties by your acts of self sacrifice and holy love. No sacrifice is too small. You can do much to further the Kingdom of God by giving of yourself in this selfless and humble way. Look to the words in Scripture I spoke – I came to serve and not to be served to give my life as a ransom for many. Do not be afraid to serve others with no expectations of return for your service of holy love. I ask you to have clear perception. Examine well your thoughts, your words and your deeds. Be pure of

from the wellspring of salvation. From My heart flows blood and water. Trust in Me and the merciful love I have for you and for all. Read also 1John 5: 5-12.

1st November 2009 (Night Prayer)

My dear little ones,

Take this time you have been given to prepare well. Do not waste a precious moment. Be zealous in your endeavours as missionary servants of God's love. Look to the ways of your Lord and God. Be joyful as you journey deeper in your spiritual lives. Use the talents you have been given. There are many parts to the body of Christ. Share your gifts with others. Take time in praise and thanksgiving for God's goodness. Sing joyful hymns of praise to nourish you. Cling always to hope. Do not become overwhelmed with the challenges before you. You live in difficult times. You must take time to renew your drooping spirits. Do not try to do God's work if you are running on empty. You must take time in quietness and prayer to be refreshed. Share together as a faith community. Support one another. Do not remain distant and alone. Love your Lord and God with all your heart and love your neighbour as yourself. Read Romans 12: 3-13. Help one another as you go about your daily lives. This is the path I have called you to follow as servants of the little way of holy love. Do not expect earthly rewards for your little acts of love. Blessed are the pure of heart they will see God. Be humble and pure of heart as you work to further the Kingdom of God. Let your attitude be one of self giving love. Time is short and there are still changes which are needed. Change your heart and you will inherit eternal life. Be holy as I your Lord and God am holy.

3rd November 2009 (Morning Prayer)

My dear little one,

Be still and listen to the words I give to you. Do not be afraid to take the path less travelled – the path of humility. The sin of pride is rampant in the world today. Many people are consumed with selfishness and greed. They have forgotten how to treat others as they would like to be treated. Many no longer reach out in selfless love to their neighbour. Their first thought is what is to be gained for themselves from helping their fellow man. I ask you to take always the path less trodden – choose to take the path of humility. Serve selflessly without expecting others to serve you. Take the last place not the first. Love with a self-giving love – agape love. Concentrate on your faith journey. Do not continually worry about your friends or loved ones – their journey of faith is theirs. Pray for them and then leave it all in God's hands. You must learn to trust more. You have

been told if you ask you will receive it you seek you will find, if you knock the door will be opened. Take some quiet time to commune with Me. Let us be united as one in thoughts, words and deeds. I am calling you to be pure in your thoughts, in your words and in all you do to further God's Kingdom and let the union of body, mind and soul be accomplished. I am your Eternal Bridegroom. Prepare yourself for the banquet of your Lord and God. Put on your white garment of purity in readiness for the Lord. No one knows the hour when the Lord will come. Be wise. Do not wait until the last moment. Let your cup be full to overflowing with the oil of salvation. Look to Scripture to help you understand. Read Matthew 7: 7-11. The amount you measure out will be the amount you receive. Let your cup of holy love be full to overflowing and flow out continuously to others.

3rd November 2009 (Night Prayer)

My dear little ones,

Do not be afraid to give praise and thanks to your Lord and God. Let go and allow your Heavenly Father to mould and shape you into a trusting child of God. Look to the Psalms to show you the beautiful hymns of praise which were written and sang in ancient times. Look to Psalm 23. I am your Good Shepherd. Let Me guide you. Be still and listen to the gentle whispering of the Holy Spirit. I will lead you to pastures which are green. David sang beautiful hymns in praise and thanks. Do not neglect this beautiful form of prayer. Open your heart to the wonders of your Lord and God. Be filled with My peace and joy as you worship the Lord. Many of God's children put up barriers. Go back to the simple pleasure of singing and praising God in thanksgiving for the many graces you are given. Rejoice my little ones; I am your Lord and Saviour – your King of Kings. I am with you. Do not doubt My presence. Take time to be still and you will hear the words I speak to you. Open your heart up to receive My love. Share together as a faith community. There are many parts to the body of Christ. Let each one share their gifts to further the Kingdom of God. Take time in your prayer time to silently praise your Lord and God. Journey deep within. You are pilgrims on a journey of faith. Take this time to grow deeper in your relationship. Do not keep Me at a distance. Allow Me to come closer through your willingness to change and grow. Look to the little children to help you understand to trust, just as a small child trusts in the love of its family. Trust in My love and I will show you the hidden ways of your Lord and God.

4th November 2009 (Night Prayer)

My dear little ones,

Listen and learn the lessons of love I give to you. Do not be afraid to

7th February 2010 (Morning Prayer)

My dear little one,

Do not be afraid – I am with you. You are never alone. I your Eternal Bridegroom am with you always. I will guide you if you take time to be still and listen to My voice. My ways are beyond your ways – my thoughts above your thoughts. Listen and learn from Me for I am gentle and humble of heart. Do not fear your time in the desert. This is part of your purification. Serve your Lord and God with a pure heart. Do not take the path of selfishness but take instead the narrow and more difficult path by the love you give freely to all who are put in your path. Be always selfless and giving – be slow to show anger and quick to show mercy. I am calling you to trust Me more fully. Be prepared to walk moment by moment with Me your Lord and Saviour. Do not be afraid to step out into the unknown. Walk with Me in the present moment. Do not run ahead of Me. I am calling you to give of yourself in agape love. Put on your white garment in preparation for your Eternal Bridegroom. You must be cleansed in body, mind and soul. Look to Matthew 5: 1-12 to understand the ways of your Lord and God. Change your attitude to be a true imitation of your Good Shepherd. Love one another as I have loved you. Speak fewer words; instead let your loving actions be the words which resound in the hearts of others. I am the Word Incarnate. Will you be My hands, My feet, My heart of holy love? Read also 1 Corinthians 13: 4-13.

7th February 2010 (Night Prayer)

My dear children,

Be still and wait patiently on your Lord and God. I will reveal to you the many mysteries of the Kingdom of God. Break open any old patterns of selfishness you hold onto. Take time to examine your conscience and humbly look at the way you live your life. Do you serve others selflessly or are there hidden consequences for any service you give to others. You have been given this time in preparation. Do not waste a moment of the time you have been given. Many of God's people have lost the ability to discern right from wrong. The ways of the world have influenced this blurring of the lines of sin. I repeat again truth is truth and untruths are lies. The prince of deception has deceived many to think that a precious unborn baby conceived in the womb is no longer a baby but only tissue. This is wrong and the consequences of those who have decided to play God and choose who should live and who shall die will have far reaching effects for generations to come. Be wise and pray and discern God's Will in your lives. I call you to serve humbly your Lord and God through your prayers, fasting and acts of self sacrifice. Atonement

My dear little one,
Do not be afraid to step out into the wilderness and deny yourself. You will be rewarded for your faithfulness. Many of God's people do not deny themselves anything. They lead selfish lives. I have called you to come and follow Me. I have asked you to renounce yourself, pick up your cross and follow Me. Pray and ask for help and you will be given it. Stay close to Me and I will guide you to pastures green. You must pass first through the desert to get to the lush, green pastures beyond. Choose the narrow more difficult path as this is the way to life eternal. Do not want the wide and easy path as this is the path of perdition. Be selfless and giving. Follow the ways of your Lord and God. Love is My way. I have asked you to love one another as I have loved you. Surrender your strong will to the holy Will of God. By denying yourself of worldly pleasures and giving instead with a pure heart to others you will begin to see a deepening in your spiritual life. Listen and learn from Me for I am meek and humble of heart. Come to Me with all your difficulties (all your burdens) and I will give you rest for you soul. Be cleansed in body, mind and soul. Prepare a worthy dwelling place for your Lord and God. Be truly holy as I your Lord and God am holy.

6th February 2010 (Afternoon Prayer)

My dear little one,
Do not be afraid to take the most insignificant and un-noticed place. I have called you to be My servant of the little way. Be content to serve others selflessly to further the Kingdom of God. Do not have ulterior motives for your service of love. Do not look for earthly rewards or praise but be happy to receive your rewards eternally. Time is limited and there is much to accomplish. I have asked you to reach out in hospitality to others. Look to My friend Martha to understand this gift of sharing all you have. Your intentions must always be humble and pure. Let go of any selfishness and put on your white linen garment of purity. This is the way of your Lord and God. Strip back all layers of self and be cleansed in readiness for your Heavenly Bridegroom. Break down the strong will within and lean not on your own understanding but trust in the guidance you are given through obeying the Will of the Father given to you through Me His Son by the grace of the Holy Spirit. Take time to discern the Will of God. Do not run ahead and follow your own will but patiently wait upon your Lord and God. I am your Good Shepherd and I will show you the way of the Lord. Listen to My voice. Read John 10: 27-30. My sheep know me and they listen to My voice.

be pruned back as this is the way you will grow. Let the new growth blossom by following the little way of holy love. Nurture your faith by your quiet time given to commune with your Lord and God. Receive vital sustenance through reception of the sacraments. Seek always to be forgiven for your errors of thoughts, words or deeds by the Sacrament of Reconciliation. You are given sanctifying grace through humbly confession your wrong doings in this holy sacrament. Come to the wellspring of salvation and draw water to quench your thirst. Do not be full of pride but be humble and contrite of heart. Come to Me and spend time with Me and I will lead you on the path of salvation. I am the Bread of life. Receive My precious body and blood in the holy sacrament of the altar. Do not be casual but show reverence to your Lord and God. Many forget that I am present in the tabernacle and act without thought. Speak less and learn to love more. Listen to Me and I will guide you. Do not be careless with your words as there will be consequences for those who do not practice prudence in their thoughts, words and deeds. Take the path of wisdom. Follow the path My Mother took. Be humble of heart, obedient to the Will of God and let the love of the Father given to you by Me His Son through the grace of the Holy Spirit flood your whole being. Choose to follow the little way of holy love. Will you be My servant of the little way? Accept the small thorns each day brings silently and others will see the beauty and fragrance of the rose instead of them experiencing the thorns of your intolerance. Love is the only way. Endure your little difficulties in a hidden way. Do not bring attention to your trials. Come to Me and I will help you in your time of need. Let Me fill you with My peace and interior joy.

5th November 2009 (Afternoon Prayer)

My dear little one,
Do not be down-hearted and disillusioned when you discover that God's ways are so different to your ways. Read Isaiah 55: 6-9. Remember that God's thoughts are beyond your thoughts. Be more docile to the gentle whispering of the Holy Spirit. You must learn patience. God's ways are gentle. Follow the way I have taught you. I am the way, the truth and the life. Follow the path of My Mother. Be gentle and humble of heart. Accept the last seat. Do God's work in a background manner. Do not want the limelight and focus to be on you for your achievements; work humbly always for the glory of God and to further His Kingdom. Follow Me. I am your Good Shepherd. Let Me lead you. Do not rush ahead of Me. Let go of any self motives and let your service of holy love have motives which are pure. Trust in God's providence. You will be provided for. Time is short. It is most important that you take time to listen to Me. There are still many

lessons for you to learn. Follow the path of holy love. Let God's love consume you so that you no longer live your life for your own purposes but always to give glory and praise to your Lord and God. Look to story about the healing of the ten lepers. Only one returned to give thanks. Do not be forgetful. Give thanks to God for His bountiful love and His generosity to you. Take time to reflect on the goodness of God. You must learn to endure the little trials as you climb the holy mountain of your Lord and God. Learn the lessons of true holiness not that of false piety. You will be judged not by the amount of prayers you recite but by the holy way you live your life.

7th November 2009 (Morning Prayer)

My dear little one,

Do not despair when your weaknesses are exposed. Rejoice and be glad. Trust in Me. Let Me change your weaknesses into strengths. Offer up as a small sacrifice the trials and little thorns you bear. Be at peace, with the knowledge that I, your Good Shepherd will lead you to pastures which are green. To climb the holy mountain of your Lord and God takes fortitude. Pray prayers of protection. You live in difficult times. Keep your shield of faith in front of you, your helmet of salvation upon you and your belt of truth firmly around you. Wear the shoes of righteousness always as you spread the gospel of peace by the humble way you live your life. When you fall do not be afraid to get up again admitting your weakness by confessing your faults in the Sacrament of Reconciliation and then receive the sanctifying grace to help you pick up your cross and follow Me your Lord and Redeemer. My little one, do not be afraid, you have been called to carry My light. There will be those along the way who will try to extinguish this light. Protect the light of faith you have received so that you can pass on this light to the many people who are stumbling in the darkness. Just as the grape vine needs water to grow and bear fruit you too must receive the living water of the Holy Spirit to strengthen you with zeal to love and serve your Lord and God with all your heart, mind, soul and strength. Stay close to Me and I will show you the way. Read John 15: 16-17.

8th November 2009 (Morning Prayer)

My dear little one,

Time is of the essence. Many hear the messages given and do not take heed of the warnings given to change they way they live their lives. You have been called to prepare the way of the Lord. Make the most of the time of mercy you are given to make vital changes in your own life. Do not follow the way of the world. Put the love of God first. Let My light and love shine out as a bright beacon to the many who at

Do not be afraid – I will be your shelter from the storm. Cling to Me. Do not be tempted to venture out alone. Stay close to Me and I will show you the way to life eternal. Make the most of the opportunities you have been given to learn the lessons of holy love. These lessons will be an important tool for you to use in the time to come. Do not waste a moment of your time. It is important that you take time to prepare a holy dwelling place for your Lord and God. The winds of change blow and many are caught napping. Stay alert my little ones. Do not fall into satan's trap of complacency. Open your eyes to the wonders of the Lord. Look to your Lord and God. I am your Good Shepherd and I will guide you to pastures green. Remain in Me as I remain in you. Do not fear the disciplines of prayer, alms giving and fasting. You will be given rewards by your Father in Heaven when you choose to take the narrow and more difficult path. You will be given strength to persevere when you choose to follow the ways of the Lord. Renounce all selfishness and accept the path of humility. This is the path My Mother took. Pray and ask for her guidance and you will be given it. Let My Mother draw you under the protection of her holy mantle. Choose the little way of holy love. Will you be My hands, My feet, My heart of holy love? Will you be My servant of the little way?

3rd February 2010 (Night Prayer)

My dear children,

The chains of sin weigh heavily. Your prayers are powerful. You can break these chains by your prayers, fasting and acts of self sacrifice. Pray for the healing of families. Fast for the restoration of your families. Offer many little acts of self sacrifice in atonement for the many sins committed throughout the world this day. Do not underestimate this role that I am calling you to embrace. This is the call of all servants of the little way of holy love. Love one another as I have loved you. Look to My love. I emptied Myself completely as a ransom for all sins of mankind. I suffered, died and rose again to bring to birth God's New Covenant of love. You have been called to renounce yourself, pick up your cross and follow Me your Lord and Saviour. Many are called but few are chosen. Let go of any chains which keep you bound. Deny yourself as you learn to imitate Me in your every thought, word and deed. Be cleansed in body, mind and soul. Be prepared my little ones. Do not be caught unaware. Look to the five wise bridesmaids. Do not wait. Make the changes now while you are given this time. Examine your life and humbly confess all sins. Be washed clean by the blood of the Lamb. Be holy and pure of heart and you will see God. Be holy as I your Lord and God am holy.

5th February 2010 (Morning Prayer)

Cling to the vine my little one and I will give you nourishment for you to bloom and bring forth fruit which is lasting for I am the Vine and you the branches. Do not be afraid to be pruned back so that you become strong and healthy in your service of your Lord and God. You did not choose Me, no I chose you and I commissioned you to go out and bear fruit that would last. Trust in My merciful love. Love one another as I have loved you. Many of God's children want only the easy path. They seek God's consolations and do not embrace the desolation. Do not fear to take the desert path. Give all to Me. Let Me have your weaknesses so I can change them into strengths. Grow strong my little one by persevering in your times of trial. Look to the oasis of love which awaits those who endure the desert. Cling to Me and I will strengthen you to endure any hardships. Come and draw water from the wellspring of salvation. Be washed clean in the blood of the Lamb in readiness for the coming of the Bridegroom. Be holy as I your Lord and God am holy. Put on your white garment of integrity in preparation for the wedding feast of the Lamb.

31st January 2010 (Night Prayer)

My dear little one,

Rejoice My children in the love of your Lord and God given freely to you. Do not become so weighed down by your burdens that you no longer recognize and rejoice in God's love. You are children of God. You have been given an abundance of gifts and graces to use to further the Kingdom of God. Put God's love first and you will be given all you need. Love your Lord and God with all your heart and love your neighbour as yourself. Reach out and give My love to all you meet. Open your hearts and receive My love and then let it flow out freely to all. Do not put any conditions on this holy love you are given. Be happy to accept the last and most lowly place. Be generous and giving; do not have hidden agendas. Be holy and pure and you will inherit life eternal. Pray, fast and give selflessly in reparation for the sins committed throughout the world. Look to Me. Cling to the corner of My garment. Come and follow My ways. Go to your quiet place and pray to your Lord and God. When you fast do not bring attention to your acts of self sacrifice. You must be pure in thought, word and deed. When you give alms your right hand must not know what your left hand does. Look to John the Baptist. Decrease so that I your Lord and God can increase. Listen and learn the many mysteries of the Kingdom of God. Time is limited. Do not delay. Read Matthew 6: 1-18 to understand My ways. Be holy as I your Lord and God am holy.

2nd February 2010 (Night Prayer)

My dear little ones,

this moment are still blinded to the truth. I have called you to give of yourself completely. I have told you unless the grain of wheat dies and falls to the ground it will not be able to produce a rich harvest. Empty yourself completely of selfish wants. Learn more fully by abandoning yourself to the merciful love of your Lord and God. When you trust and believe in God's love for you and for God's people you will accept that you will be given all you need. Learn the lesson of agape love – give of yourself completely without expecting a return. Look to the widow and the last two mites. She gave all she had and trusted completely that God would look after her needs. Many are cautious and do not take any risks. You are called to take a leap in faith. Do not play the game of wait and see. Step out boldly in faith and trust in the love of the Father given to you by Me His Son through the grace of the Holy Spirit. Open your heart and receive this love and then let the love of the Holy Trinity flow out unceasingly to all. Be firm in your faith, cling onto hope and accept the challenge given to you to be My hands, My feet, My heart of holy love to all in need.

9th November 2009 (Morning Prayer)

My dear little one,

Be patient and persevere at all times through the struggles and daily challenges you face. Never give in to feelings of doubt and despair. Be prepared to step out in blind faith, walking moment by moment with your Lord and Saviour. Do not avoid the little tests of purification. Read Isaiah 58:6-12 and understand the ways of your Lord and God. I ask you to build My house brick by brick. This house will be called a house of prayer. Prepare a worthy dwelling place for your Lord and King. It is not by outward observances that I am pleased but by cleansing the interior. I ask you to be pure of heart. Do not continually look at others and the path they take. You must learn to be self-effacing. Listen and learn from Me because I am meek and humble of heart. Haven't I told you that I will look after your every need? I am your Good Shepherd. You must learn to trust more. Walk with Me moment by moment. Do not run ahead wanting to be in charge. Be humble of heart, docile to the Spirit of God and come and follow Me. I will lead you to pastures green. Read also Luke 6: 46-49. Build your house on strong foundations of faith. You must learn to be steadfast in your faith. Do not be like the wind blowing hot one moment and cold the next. Remain constant in your faith. Do not doubt but believe in Me and the love I have for you and for all. Endure the small thorns and let the petals of the rosebud unfold and blossom to fullness exuding a perfume which is sweet and holy. Let the breath of God fill you with life anew. Look to the Mystical Rose – My Mother to guide

you.

10th November 2009 (Night Prayer)

My dear little one,

Reach out and be My beacon of light to the people who are lost in the darkness. It is by your selfless loving actions that you will show the way to others. Prepare the way of the Lord. Make straight the path. Do not be afraid to step out and be My missionary servant of God's love. There is much work to accomplish. Time is limited. Come to Me humbly and let Me refresh and renew you so that you have the courage to take this step into the unknown. You will be protected. Trust in your Lord and Saviour. You must take time in your day to spend in quiet contemplation with your Lord and God. Do not make excuses that you have no time. Let go of any worldly distractions and let Me lead you on the path of salvation. Trust in your Lord and God. Come to Me and I will give you rest. Draw water from the wellspring of salvation. Receive the living water of the Holy Spirit to give you the fortitude to choose the narrow path of holiness. The harvest is plentiful and the labourers so few. I am calling you to be ready for the harvest. You have been told to take time in preparation. Take time to mend your nets because the time soon approaches when you will be called to throw your nets out into the deep. Do not waste the time you have been given. Use the gifts you have to further the Kingdom of God. Be humble and meek of heart and you will inherit life eternal.

11th November 2009 (Night Prayer)

My dear little ones,

I thank you for your constant faith. The prayers you offer are used for the salvation of souls. I ask you to continue this important work as missionary servants of God's love. Do not underestimate the importance of the missionary work you do. It is not necessary to go to another country to be My missionary servant. Read again Acts 1:8. Look to the deeper meaning of the words given. I ask you to take time to be still. Listen to the gentle whispering of the Holy Spirit. Be docile to the Spirit's prompting. If you ask for help you will be given it. Each person has the opportunity to further the Kingdom of God. Some people are called to teach some to be witnesses of faith through their prayers offered humbly. Each one is different but together you form the body of Christ. Do not look at the role that others have been given. Walk with Me in the present moment and I will reveal to you your giftedness. No one person is more important than another. Be joyful when you are called to take the last seat with the knowledge that your reward will be great in Heaven. I have asked you to pick up your cross, renouncing selfish patterns and come and follow Me. There is

the Holy Tabernacle. Sit and let us be as one in thought, in word and by your deeds done in My name. I will put people in your path for you to help and also people who can be of assistance to you. Open your eyes my little ones to the wonders of your Lord and God. Do not be narrow in your thinking. I speak to you in many different ways. Read My Holy Scriptures to understand more fully the ways of your Lord and God. Listen and learn from Me for I am meek and humble of heart. Draw close to My Most Sacred Heart and let Me give you comfort and rest for your soul. Let Me strengthen you for your pilgrim journey of faith. Let Me reveal to you in hidden ways the many mysteries of the Kingdom of God. Prepare for the coming of your Eternal Bridegroom. Put on your white linen garment of purity in preparation for the wedding feast of the Lamb. Be holy as I your Lord and God am holy.

28th January 2010 (Night Prayer)

My dear little ones,

Do not be afraid to step outside your comfort area. You will be guided. Do not despair but trust in My love for you. I am your Good Shepherd and I will guide you each moment of your journey. Persevere when you face difficulties. Do not give up but learn to patiently persist. You will be given the answer to your prayers. I ask you to have patience and wait upon your Lord and God. Many want quick solutions to any problems and do not have the endurance to remain constant in their faith regardless of the problems they face. Be docile and listen to the prompting of the Holy Spirit. Take time in quietness to listen and learn the lessons of faith. Read Scripture and follow the path of the Apostles. They were ordinary people who accepted the challenge given to them to renounce themselves, pick up their cross and follow Me. They learned many lessons before stepping out as missionary servants of God's love. They were sent out in pairs and relied completely on God's providence. Trust and believe that God will provide for you and for all your needs. Pray and ask for My help. Do not try and do God's work by your own means. Pray and wait upon the guidance I give to you. I will not desert you. Trust in the merciful love of your Lord and Redeemer. I encourage you this night to take up the challenge given to you. Will you come and follow Me? Will you climb the holy mountain of your Lord and God?

30th January 2010 (Morning Prayer)

My little one,

Do not be afraid. I am with you always. I will not leave you. Persevere each moment of your day. I will send you a shepherd to help you. Trust and believe in Me and My never ending love for you and for all of God's children. Do not fear the unknown. I will help you.

recognize the ways you are given help in your daily life. Do not be like Martha who complained because Mary was sitting at My feet listening to her Lord and God. Serve your Lord and God with a heart that is holy and pure. You have heard in Scripture the words that there are many parts to the body of Christ. Do not let your thoughts become consumed with the difficulties of your journey in comparison to the path of another. Each one who accepts the call to be a disciple of holy love has a cross to carry. I am your Good Shepherd. Let Me lead you to pastures which are green. Let Me lead you to restful waters to refresh and revive your drooping spirits.

26th January 2010 (Night Prayer)

My dear little ones,

Your nation is a nation of people from many different countries. Your land has been called the Great Southland of the Holy Spirit. Look to your history. The people of your land have had many struggles. The ancient people of your land have understood God's Spirit guiding them. The people of your land must go back to a simple way of life they once were accustomed to. Neighbour must learn to share with neighbour. You will be called to step out and be an example to others of God's love to all people throughout the world. Take time to prepare for this by your prayers, your acts of self sacrifice and through the love you give to God and your neighbour. You have been given a land of plenty. Many have forgotten God's generosity and have chosen the path of greed and selfishness. The time of change will soon be upon you. Do not wait. Make changes now while you are given the grace of this time of renewal. Be docile to the Spirit of God leading you to live your life anew. Be refreshed and renewed by studying the Holy Scriptures, through receiving Me your Lord and Redeemer in the Sacrament of the Altar and by listening to the gentle prompting of the Holy Spirit. Read Acts 13: 44-52. Be filled with My peace and joy my little ones. Do not run ahead. I will guide you and show you the way to life eternal. I will give you a clean heart. I will put a new spirit within you. Then I will be your God and you will be My people. Read Ezekiel 36: 25-28.

27th January 2010 (Night Prayer)

My dear little one,

I am with you – you have nothing to fear. Ask and you will receive, seek and you will find, knock and the door will be opened for you. Do not try and take this journey alone. Trust in Me. I will send you people to help you. I say to you again trust in My love for you. I will not forget you. Stay close to Me and I will shepherd you. I will never leave you. I am with you until the end of time. Come and spend time with Me in

work for you to do. Listen and learn from Me. Come to Me and share with Me and I will reveal to you the mysteries of the Kingdom of God. I remind you again give thanks for the goodness of God. Do not take for granted the many gifts you are given. Love one another as I have loved you. Look to this self giving love given to you by your Lord and God. Give of yourself in agape love with no expectation of return.

12th November 2009 (Night Prayer)

My dear little ones,

I am with you always. Do not doubt My presence. It is important for you to be docile to the Spirit of God. You must listen and learn the lessons of love first before you step out to do God's work. I remind you again that God's ways are different to your ways. His thoughts are beyond your thoughts. Be still and learn from Me. I will teach you the ways of your Lord and God. Do not be quick to judge. Wait upon the Lord. Pray prayers asking to be given the gift of wisdom in each decision you make. From wisdom flow many other virtues. To lead a virtuous life requires you to embrace the wisdom of God. Be obedient to God's Will. Be prudent in your thoughts, words and deeds. Pray for fortitude to see you through the challenging days you face. Be tempered in the way you live your life and fight for justice to be obtained as you work to further the Kingdom of God. Many people have fallen victim to the smoke screen of satan. They no longer have a clear definition between right and wrong. They do not have the courage to stand up and fight against the culture of death which prevails throughout the world today. Look to Scripture to help you understand. Look to the words given in Galatians 6: 7-10 you reap what you sow. If you sow in darkness and death then you will harvest also in death and destruction. Pray my little ones for the many people who condone and accept quick fixes by abortion of the unborn and through killing of the sick and aged. There are serious consequences to decisions made in haste because of selfish and greedy reasons. Go back to a simple life lived in fervent faith with steadfast hope in God's love. Love your Lord and God with all your heart and love your neighbour as you love yourself.

13th November 2009 (Morning Prayer)

My dear little one,

You are not alone. I am with you. Come and share with Me the innermost thoughts you keep hidden within. Do not let the darkness of satan overwhelm you. Stay in My light and love. I ask you to look at the words to bloom where you are planted. You will not grow and produce fruit for your Lord and God if you constantly run from one spiritual experience to another seeking always the spiritual highs. Be

content to be where you have been planted. Surrender your Will to the Will of God. Receive the living water to nourish and strengthen you. Take time to be still to listen to My Word. God's purpose will be revealed to you. Beautiful flowers blossom in the desert. Do not want the easy way – the oasis of the world – but be happy to bloom where God has planted you. I ask you to take the pilgrim journey within. Many people lead busy lives. They do not take time to be still to rest in the Lord. They are caught up in the world of wants. They are never satisfied with what they have but search far and wide for fulfilment through material possessions. Look to Job 1: 21. Trust in God and the love He has for you and you will be given all you need. Do not confuse your needs with your wants. God is generous and good. There are times when you will be called to suffer inconveniences for your Lord and God. You must be purified and tested like gold in the furnace. I am the vine you are the branches. Let the Father prune back the dead wood to help you grow deeper. Plant your seed of faith in deep rich soil and you will reap an abundant harvest. I am the Word Incarnate. Listen and learn from Me for I am meek and humble of heart. Come and follow Me.

15th November 2009 (Night Prayer)

My dear little ones,

I am with you as you give glory and honour to your Lord and God. Do not be afraid to open your hearts and spontaneously praise the Lord. Let your hearts be filled with an interior joy with the knowledge that I am with you as you sing and give praise to your Lord and God. Sing joyful hymns of praise to lift your drooping spirits. Do not become disillusioned when you face trials and difficulties. Take time to be refreshed by praying and singing songs for the glory of God. There are lessons to learn so I ask you to let your days be filled with My peace and joy. There are many ways to honour your Lord and God. Do not place limits on the ways of the Lord. Come and spend time with Me and I will reveal to you some more of the mysteries of the Kingdom of God. My little ones, what joy it gives Me to see you giving praise through singing to your Lord and God. Come to Me. Spend time with Me. Bring your burdens to Me and I will give you rest. Pray, prepare and trust in the love of the Father given to you by Me His Son through the grace of the Holy Spirit. Time is short so it is important you make use of every moment you are given. You have nothing to fear. I will guide you through the storms and tempests. I remind you again to stay close to Me. Do not get distracted and stray from the lighted path. Trust and pray. I am with you always.

17th November 2009 (Night Prayer)

inner beauty which will shine brightly for all to see. Be holy my little one as I your Lord and God am holy.

23rd January 2010 (Night Prayer)

My little one,

Do not be afraid – I am with you. You are not alone. Have courage to take the narrow and more difficult path. Do not look at the easy path of others. Many have chosen the wide and easy path of perdition. They are like the foolish bridesmaids. There are consequences to each unwise decision which is made. Many live only for the selfish pleasure of today. They forget that their time in this world is limited but the time of their spiritual life is for eternity. Read Luke 8: 22-25. Cling to the corner of My garment little one. I will calm the storms. Do not rely on your own means. You must trust completely in My merciful love. I am your Good Shepherd. I look after all My sheep even the one sheep that has strayed far away. I know each one of My sheep. I wait patiently for them to call out to Me. I answer the cries of the poor. I want you to read Romans 12: 9-13. Do not struggle on alone. I have called you to be My servants of the little way of holy love. Take time for God, take time for others and take time to be refreshed and renewed yourself. You cannot do God's work if you have no oil in your lamp. This time you have been given is a time of grace. Do not waste a precious moment. Go to your quiet place and pray and listen to the gentle whispering of the Holy Spirit. Reach out in holy love. Share all you have with one another. Love one another as I have loved you. Make hospitality your special care.

24th January 2010 (Night Prayer)

My dear little ones,

Do not be afraid – I am with you. Cling to Me My little ones. Take time to prepare the way of the Lord. I am calling you to right order in your lives. You are called to learn the lessons to help you be prepared for the time to come. You must learn the lesson of discipline as this is the beginning of wisdom. The world has gone astray. Lawlessness is rampant. Many lead lives of reckless abandon. Selfishness and greed have consumed the hearts of many. Go back to a simple life of holy love. Come together as little communities sharing all you have with one another. I have told you where two or three are gathered together I am there in your midst. Do not try and remain alone. Reach out to the lonely and disheartened and show them My love, My peace, My joy. Light the way for others by the selfless and giving love you show. Do not worry you will be given My help. God's providence will be given to you to help you with your needs. Be docile and take the pilgrim journey of faith one small step at a time. Open your eyes and

with you each step you take. Many of God's people are full of fears and insecurities. God is love. I was given to you as a gift of love. My suffering, death and resurrection brought to birth God's New Covenant of holy love. Do not cling to these fears and insecurities – these are not from God. Let go of any need to be in control. Be more docile to the Spirit of God leading you. Take time to listen and you will be given the guidance and help you require. Be careful as the prince of darkness prowls and is looking for those who are easy prey. Do not let your fears overwhelm you. Come into My light. Read and understand My truth. Read 1 John 4: 18-21. Trust in Me My little one. Cling to the corner of My garment with strong faith in your heart. Remember I have overcome the world. Stay close to Me and I will show you the way to life eternal. Do not be afraid to face the adversities. Put on your spiritual armour. Read again Ephesians 6: 10-17. Remain in My love. Live in Me as I live in you. Seek to obtain spiritual perfection. Be holy as I your Lord and God am holy.

23rd January 2010 (Morning Prayer)

My little one,

Do not despair. I am with you. I will not leave you. I have carved you on the palm of My hand. Remain steadfast in your faith. You may sometimes feel alone – abandoned by those who are close to you. Do not be concerned. Remain constant in your trust of My love for you. Do not crave worldly recognition and love. My love will sustain you and will lead you to life eternal. Read My Word to help you understand the ways of your Lord and God. Endure the difficult moments taking the last place not the first and you will receive your Heavenly inheritance. Serve with a pure heart. Read 2 Peter 1:3-11. Pray and ask for help and you will receive it. Let your hidden self grow stronger to help you endure the difficult moments. Recognize the fullness of God's love for you. Learn to love with a pure heart. Receive My love and let it flow through you to others. The fruits of My love are joy and peace, goodness and kindness, patience and self control, faithfulness, gentleness and understanding. Let the fruits of the Spirit grow in strength and be a precious gift you give to others. My love is given to you and in turn you pass it on to others. The circle of My love increases and flows out by the humble way you live your life. Pray for wisdom My little one. Do not choose the selfish love of the world but follow My little way of holy love. Choose agape love. Give of yourself with a heart which is holy and pure. Give without expecting reward. Love one another as I have loved you. Look to Genesis 9: 7-17. The rainbow is the sign of God's covenant with His people. The rainbow refracts light and water which in turn creates beautiful colours. You too are called to reflect My light and love and from this you will emit an

My dear little one,

Do not be afraid to suffer the little thorns each day brings. So many want to avoid any discomfort and choose only a life of ease. I call you to have a clean heart in your service of holy love. Look to Ezekiel 11: 18-21. Be pure of heart. Let all your motives be pure. Blessed are the pure of heart they will see God. I remind you again to clean the interior as well as the exterior. Do not let your hidden ways cause you to stumble and fall. Go to your quiet place and pray that your heart may be opened to the ways of your Lord and God. Examine your conscience as to your motives. Do not look for praise and glory. Work humbly in the background to further the Kingdom of God. Are you willing to wear the crown of holiness? Will you take the last seat? Will you serve others humbly instead of wanting them to serve you? The path of righteousness is not easy. Take the narrow path not the wide path of perdition. Give of yourself completely. Surrender your will to the Will of God. Be prepared to listen and learn the ways of God. Be obedient to the precepts of God. Love one another as I have loved you. Forgive those who persecute you. Live your life following the way of your Lord and God. I am your Good Shepherd and I will lead you up the holy mountain of the Lord. Look also to Isaiah 4: 4-6. I am your refuge and shelter from the storm. Do not be afraid. Stay close to Me and I will reveal to you the mysteries of the Kingdom of God.

18th November 2009 (Night Prayer)

My dear little one,

Stay silent, pray and ask for My help. I want you to learn how to listen more. Do not rush ahead and act rashly. Be prepared to wait upon the Lord. I ask you to speak less and love more. Be docile to the Spirit of God prompting you to take the narrow path up the holy mountain of God. Pray and discern the Will of God. You will be given a sense of peace to help you understand the ways of your Lord and God. Do not be blinded to the truth. Watch and wait with Me. There will be times when you are tested. Pray and seek My help. Come and spend time with Me. Can you not keep watch with Me for one hour? I ask you to read Matthew 26: 36-43. Pray that you will not be tested – the spirit is willing but the flesh is weak. I ask you to examine your conscience well. Bring to Me your weaknesses and allow Me to change them into strengths. Come to the wellspring of salvation and be washed clean of your sins. Read also Ezekiel 36: 25-28. You must be purified of your old patterns. Put on your garment of purity in readiness for your Bridegroom. Stay awake because you do not know the day nor the hour your master will return.

19th November 2009 (Night Prayer)

My dear little one,
The narrow path is steep and many people do not have the endurance to last the long distance. Pray and trust in your Lord and God. I ask you to cling to the corner of My garment with a strong and determined faith. Do not waver in your trust for God's plan to come to fullness in your life. Let go of the anxieties you hold within. Be docile to the Spirit of God. Be prepared to wait for your Lord and God. The world hungers and thirsts for God's love but many are searching for love in all the wrong places. They seek worldly riches and pleasures to fill their emptiness. These worldly structures are here today but can be gone tomorrow. They have taken their eyes off the prize which will give them everlasting happiness. Put the love of God first in your life and let this holy love fill you to overflowing as you reach out in love to your neighbour. I ask you again to imitate the ways of your Lord and God for I am meek and humble of heart. Do not let your ego be your downfall. Work humbly in the background to further the Kingdom of God. Do not draw attention to your good deeds. Gently lead others to the path of holiness by the humble and loving way you live your life. Reach out in love to your family and loved ones. God's work of holy love begins in your family. Look to My family to help you understand the ways of God. Go back to a simple life of love. Share all you have selflessly. Let your day be done for the glory and praise of God. Give of yourself in agape love without seeking rewards for your work. Follow the little way of holy love as My servant of the little way.

20th November 2009 (Morning Prayer)

My dear little one,
Many people are consumed with self. Do not follow the wide path of the world. Renounce yourself, pick up your cross and follow Me. Take the path less travelled. Learn the lessons of selflessness from My Mother. Be humble of heart giving of yourself completely in obedience to the Will of God. Let your every thought, word and deed be pure and holy. Read Matthew 16: 24-28. I am your Lord and God. Trust and believe in My presence. Do not doubt but believe in the love I have for you. Walk with Me on the pilgrim journey of your life. I am your Good Shepherd and I will lead you to the safety of the sheepfold. Do not try and journey alone. You live in trying times. Stay close to Me and I will shelter you from the storm. Do not be concerned with what people say and think of you. They persecuted Me and put Me to death upon a cross, but I have overcome the world. Remain in My love. Drink from the eternal wellspring. Just as your body requires food and water to survive, your spiritual body requires nourishment of Heavenly food and the living water of the Holy Spirit to strengthen you to grow and bloom and bear fruit which is lasting. I am the Bread of life. It is My real

those who are ignorant to the truth. Time is limited. There are serious consequences to the choices God's people make. Choose wisely. Choose the narrow path of holiness. Pray and offer acts of self sacrifice for the conversion of the hearts of all of God's people. All must be washed clean by the blood of the Lamb. I will give you a new heart then you will be My people and I will be your God. Read Matthew 24: 37-44.

20th January 2010 (Night Prayer)

My little ones,
Do not become overwhelmed with the many challenges you face. You live in difficult times. Put your main focus on your Lord and God the love I have for you. You will be given all you need. Do not worry. Trust in My merciful love. Many of God's people put their primary focus on their material wealth and possessions. These can be here today and gone tomorrow. Look to your life which is everlasting. Read Job 1: 21 and 1 Timothy 6: 7-10. You have limited time on earth and eternal life which lasts forever. Be like the sensible man who built his house on rock. I am the cornerstone of your faith – the rock of salvation. Build My house on strong foundations. Let My house be called a holy house of prayer. Be patient and build a holy dwelling place for your Lord and King. Let God's Kingdom come on earth as it is in Heaven. The disciples were told that the Kingdom of God was near at hand. Many are blind and do not understand that the Kingdom of God is within them. I ask you to prepare a worthy dwelling place. Let go of all your sinful ways and be cleansed in readiness for the coming of your Eternal Bridegroom. You must be purified so that you are as white as the first snow. Come to the wellspring of salvation and be washed clean by the blood of the Lamb. Come to My Sacred Heart. From My Heart flows blood and water which is cleansing and healing. Do not be afraid to draw ever deeper into the depths of My Sacred Heart of love. I am with you My little ones until the end of time. Look to My real presence hidden under the appearance of bread and wine in the holy Sacrament of the altar. Take and eat, take and drink. Read also John 6: 53-58.

22nd January 2010 (Morning Prayer)

My dear little one,
I am with you always. Do not be afraid. The tests and trials help you to grow stronger in your spiritual life. Trust and understand My deep love for you and for all of God's people. Do not let your image of love be tainted by human experiences. My love is pure. Look to 1 Corinthians 13: 4-7 and read the qualities of love. Be patient and kind and persevere when you face the storms of life. Do not forget I am

My little ones,
Come to the wellspring of salvation and be washed clean in readiness for your Eternal Bridegroom. Do not delay. Come to Me now while you are given this time of grace. You must be washed clean in preparation so that you can be in full union with your Heavenly Father through Me His Son by the grace of the Holy Spirit. Look to Ezekiel 37: 1-14. I your Lord and God asked My prophet to breathe breath into the dead and they came to life and were a formidable army. Many of God's people are spiritually dead and need the breath of God breathed into them. Be prepared my children for the time fast approaches when you will be called to breathe new life into those who have become lifeless to God's love. Take this time you are given to learn the ways of your Lord and God. Feel the gentle breeze of the Holy Spirit filling you with new life. Be zealous and fully alive to the Spirit of God leading you to journey deeper on your pilgrim way of faith. Be filled with My peace and joy and let it flow out continuously to all. Look to Revelations 11:11. Time is short and there are still many changes to be made. Trust completely in the love of God. Do not have fear of all that is to come. Stay close to Me and I will show you the narrow path to take. I ask you to not rush ahead. Walk with Me in the present moment. I am your Good Shepherd and I look after all of My sheep. My sheep have been scattered. I will shepherd them and bring them back to My fold. I will breathe new life into them then I will be their God and they will be My people.

19th January 2010 (Night Prayer)

My dear little ones,
Do not be afraid – I am with you. Walk moment by moment with your Good Shepherd. Pray for those people who are not prepared. Your prayers help mitigate what is to come. Do not under- estimate the prayers of the humble hearted. Your pleas for help are heard and answered. Trust and walk the path with the knowledge that I your Lord and Saviour am with you each step you take. Endure the little thorns along the way. Let your service of holy love be genuine. Do not keep a record of good deeds but instead be humble and self giving in your love. Many begin to follow the little way of holy love with enthusiasm but when the trials and difficult moments come they do not have the endurance to continue. I remind you again to not try and do God's work by your own means. Surrender yourself to the Will of God. God's ways are different to your ways. Pray and listen more to the gentle whispering of the Holy Spirit. The sands in the hourglass flow through and many do not take heed of the warnings given to change their ways. I ask you to prepare the way of the Lord. Pray for those who are spiritually blind. It is important that you pray my little ones for

presence under the appearance of bread and wine. Eat My body and drink My blood. Do not doubt but believe in My real presence. I have told you that I am with you. Come to Me. Can you not spend one hour in adoration of your Lord and God. I wait for you in the tabernacle. Do not desert Me. Come to Me and I will give you rest.

21st November 2009 (Night Prayer)

My little ones,
I have asked you will you be My hands, My feet, My heart of holy love. You will be called to fulfil this mission in the most unusual and unexpected ways. Do not let your thinking be narrow. You must learn to be docile to the prompting of the Holy Spirit. My ways are different to your ways, my thoughts beyond your thoughts. Be open to My ways. Be still and let Me show you My ways. I am the way, the truth and the life. Expect the unexpected on your pilgrim journey of faith. Do not look for the spiritual highs but be happy to work humbly in the background. God is generous and giving. Do not doubt His generosity. Give thanks through your day for the many graces you receive. Read 1Peter 4: 8-11. Open your homes to others in Christian hospitality. Show others My love by your generous and giving nature to family, loved ones and those who are put in your path. You have been asked to be a bridge of faith, hope and holy love. I have asked you to take time to complete the mending of your nets in preparation. Put into place structure and disciplines to help you in the missionary work of God's love. Do not become overwhelmed with the challenges you face. Pray first and ask for Heavenly help and trust completely that you will be given it. Do not let your mind run ahead. Be still and wait upon your Lord and God. I have asked you to walk in the present moment with the Lord. You must learn the lessons of stillness. Follow the example of Mary who sat at My feet and listened to all I told her. Learn to be holy as I your Lord and God am holy.

22nd November 2009 (Night Prayer)

My little ones,
Persevere in these difficult moments. Do not doubt but believe that I am with you in every moment of your day. I am with you until the end of time. Do not be afraid. I will lead you to pastures fresh and green. Do not fear the small crosses I have asked you to bear. Your cross is a slither of the cross I carried for all humanity to bring to birth God's New Covenant of love. My Bride must be cleansed of the stain of sin which has permeated through her walls. Many of My shepherds have compromised My truth. They have led My sheep astray. My sheep are scattered to the four corners of the earth because of these compromises and untruths. Pride and arrogance (the sin of Adam) is

the downfall of many. You have read in the book of Proverbs the saying pride comes before a fall. Stay awake My little ones lest you be tempted with prideful thoughts, words or deeds. Imitate My Mother by humbly accepting the narrow and more difficult path. Do not fear to be tested and purified of your old patterns. Read Ezekiel 34: 8-16. I will bring My children home and I will be your Shepherd and you will be My people. It is important that you are cleansed of all impurities. I will break your heart of stone and give you a new heart of flesh. Do not look at My shepherds and make judgments. I have asked you to take the log out of your own eye before you take the splinter from your brother's eye. I ask you to pray prayers of protection for My shepherds. Do not underestimate the power of prayers offered humbly to further the Kingdom of God. Pray and be prepared like the five wise bridesmaids because each one must go through testing and purification in preparation for your Eternal Bridegroom.

24th November 2009 (Morning Prayer)

My little one,

Listen and learn from Me for I am meek and humble of heart. Look to the many examples in Holy Scripture when your Lord and God fed the people. You must learn to trust more fully in God's providence. You will be provided for in the most unexpected ways. Let go of the doubts you have and trust. God is love. Embrace God's love. I have called you to put into place structure and discipline. This begins with personal disciplines. Do not run here and there trying to do so many things for your Lord and God. Be still and wait upon the Lord. Pray and ask for My help. Be docile to the Holy Spirit's prompting. Discipline is the beginning of wisdom. Still your thoughts, your words and your deeds by taking time in quietness and prayer to discern the Will of God. Do not make your life so busy that you forget to go to your quiet place and commune with your Lord and God. Let My peace and joy fill you and flow out to others. Be still my little one and know that I am your Lord and Saviour. I am with you always. Do not doubt My presence. I am calling you to travel deeper on the pilgrim journey of faith. Read Revelations 3: 19-20. Do not be afraid to take the path of purification' break down the old patterns and let Me renew you and strengthen you in My love. I have called you to be My hands, My feet, My heart of holy love. Let Me show you My ways. Be still and know that I am God.

24th November 2009 (Night Prayer)

My little ones,

Time is of the essence. Take notice of all that is happening around

Sacred Heart and the Immaculate Heart of My Mother and let our hearts be joined as one. My Mother weeps for those of God's children who have lost their way and are stumbling in the wilderness. Many are in the darkness and have become blinded to the truth. Let My light shine out brightly for others to see. Read Matthew 5: 14-16. I ask you to show others the path of righteousness by the way you live your life. I am the way, the truth and the life. Come and follow Me. Live in Me as I live in you. Imitate My ways. I have sent you the Spirit of truth to help you. Listen and follow always My truth. Be holy as I your Lord and God am holy.

17th January 2010 (Morning Prayer)

My dear little one,

Listen and learn from Me for I am meek and humble of heart. Be gentle in all your dealings. Do not try and win people over by being forceful. This is not My way. Humility is My way. The Holy Spirit is revealed to you as a gentle breeze fanning the flickering flame until it is a roaring fire within you. Take time to learn the ways of your Lord and God. Change the hardened hearts of others by your pure service of holy love. Let the breath of God fill you with new life. You must trust in God and His everlasting love for you. He provides for you in ways you do not see. He will not forsake you. Look little one I have carved you on the palm of My hand. I died and rose again for you and for all to bring to birth God's New Covenant of love. Do not forsake Me and the love I have for you. Stay close to Me and I will shepherd you to pastures green. I have called you to come and follow Me as a pilgrim on your spiritual journey of ever deepening faith. I am your Divine teacher and I will reveal to you the mysteries of the Kingdom of God. I am preparing you for the time to come. Take time to spend with Me in stillness and prayer. I will speak to you interiorly so that your hidden self grows stronger and you begin to understand the fullness of God's love for you. Do not try and take this journey by your own means. All you receive spiritually is given by God's grace. Holiness is not achieved by reciting many words without thought or feeling. True holiness is gained when you humbly accept and obey God's Will in your daily life. Walk with Me your Lord and Saviour moment by moment. Listen and learn to know, love and serve your Lord and God with all your heart, mind and strength. Allow Me to turn your weaknesses to strengths and let us work together as one in thought, word and deed to bring to fullness the new heaven and new earth. Read Rev 21: 1-8. Be holy my little one as I your Lord and God am holy.

17th January 2010 (Night Prayer)

trust My little ones and then patiently wait upon the Lord. God's plan will come to fullness in due time. You must be purified of all selfish thoughts, words and deeds. Seek to follow My Mother by your obedience, your humility and your love of God and love of neighbour. Seek to take the path of true holiness on your pilgrim journey towards life eternal. Be holy as I your Lord and God am holy.

14th January 2010 (Night Prayer)

My little ones,

Do not be afraid. I am with you always. Do not become overwhelmed with the tasks you are given. Walk moment by moment with your Good Shepherd. I will guide you. Pray and discern God's Will. It is important for you to listen to the gentle whispering of the Holy Spirit. Let go of listening to your own strong will and allow Me to guide you. You have read in Scripture the words "here I am Lord, I come to do your will". Look to the deeper meaning of these words. Pray and seek guidance from your Heavenly family. You must learn to be docile to the Spirit of God. Learn to wait upon your Lord and God. Walk in the present moment with Me. I will be your guiding light. Do not be drawn into the world of seeking more and more material wealth. These distractions will lead you into the darkness and down the wide path of perdition. Put God's love first and include your Lord and God into all decisions that you make. You have also read in Matthew 6 if God your loving Father looks after the flowers in the field and the birds in the sky how much more will he look after you. Trust in God's providence. You will be looked after. Step out in faith and choose the narrow path of holiness. You are never alone. I walk with you. Call My name and I will answer you. Ask for My help and you will be given it. Seek Me and you will find Me. Knock and the door will be opened for you. Do not be afraid to open the door of your heart. Trust in Me and the love I have for you. Live in Me as I live in you.

15th January 2010 (Night Prayer)

My dear little one,

Trust in Me. I am your Good Shepherd. I will look after and provide for you. Be prepared to step out in faith and follow the narrow path of holiness. Do not be afraid to carry your cross as you climb the holy mountain of the Lord. I have told you to come to Me with all your burdens and I will give you rest for your soul. I have asked you to be My hands, My feet My heart of love to all in need. Help shoulder the cross of those who cry out for help. Be My disciple of holy love by listening to their needs; by loving the difficult. Let My compassion, My mercy, My love flow out through you to those who call out in their time of need. The Lord hears the cries of the poor. Draw close to My

you. Stay awake. I ask you to study Scripture and see the path your Lord and Redeemer took for the salvation of all mankind. Read Matthew 24: 4-14. The rebirth of My Bride must be experienced for the fulfilment of the purification of all God's people. The old must die away for the new to rise up. Each part of My body must take part in this purification process. The dead wood must be cut away from the vine for new growth to be produced. Look to My servant John. He was called to prepare the way of the Lord. He baptized with water calling God's people to repent. I call you to repentance and to receive My love given to you by the living water of the Holy Spirit which flows unceasingly from My Heart. Read also 1 John 5: 5-12. Receive My Spirit of truth and prepare yourselves in readiness to spread the good news of salvation. Look to the people who sang "hosanna to the King" and then had no strength to follow Me up the hill of Calvary. Pray for courage and strength to endure the difficulties as you climb the holy mountain of the Lord. Do not seek the spiritual highs and consolations which accompany the revelations of your Lord and God. Many of God's people are happy to be with Me in the good times but fall away and abandon Me in the times of trials. I do not want your lip service giving Me praise and thanks in words and then rejecting Me by your thoughtless actions. Do not look for Me in the expected but seek Me instead in the unexpected. Will you be My hands, My feet, My heart of holy love? See My face in the poor, the rejected, the sick and the lonely. I am with you always until the end of time.

25th November 2009 (Morning Prayer)

My little one,

I have asked you to accept these three roses. You can see that these three roses are the colours red, gold and white. I want you to see the deeper meaning of the roses I have given you. The red rose represents my passion – the blood I shed for the salvation of all mankind. The gold rose represents My Mother and the crown of holiness she wears. She calls all God's children to embrace this holiness through conversion of their hearts. The third rose (the white rose) represents purity of body, mind and soul. It is the call to mystical union with the Father through Me the Eternal Bridegroom by the grace of the Holy Spirit. These roses also have thorns. When you accept the precious gift of these roses you must also accept the crown of thorns which accompanies the beautiful rose. I am calling you to take the interior path of holiness as you journey towards holy union with your Eternal Bridegroom. Do not be afraid to take this journey of self sacrifice, conversion and purity. Let the testing of God's people be accomplished. Read Revelations 19: 5-10. Follow the path of My Mother – your Mystical Rose. Learn true holiness as I your Lord and

God am holy.

25th November 2009 (Night Prayer)

My little ones,

Do not be afraid to choose the path of purity; you will reap eternal rewards when you decide to renounce yourself, pick up your cross and follow Me. You will be given the grace to persevere in your times of struggle and any difficult moments you experience. Have courage to follow Me. I will lead you to pastures green. My word is truth and light. It is your pasture green. Do not let others deceive you and lead you into the wilderness. Some do the work of satan by their careless thoughts, words and deeds done in haste. Be still and understand that I am your Lord and God. Take time to understand my ways. Study well the Holy Scriptures. This is the fount of knowledge from which you must drink. Many thirst for love but are blinded to the truth. I am the Word Incarnate. Let Me reveal to you the many mysteries of the Kingdom of God. Take time in quietness and I will show you My way, My truth and the life you must live to inherit life eternal. Stay close to Me. Trust in My love for you. Surrender yourself completely to the Will of God. Offer yourself in atonement for the sins of your brothers and sisters who have strayed far from the path. There is much work to do. The harvest is plentiful and the labourers so few. This is the greatest sacrifice you can offer to God. Give of yourself in agape love. Do not worry about the consequences. Give of yourself completely without any expectation of reward for your loving actions. Do not store up earthly treasures but instead store up treasures for Heaven.

27th November 2009 (Morning Prayer)

My little one,

Do not be concerned when you feel alone and abandoned by others. You are never alone. I am with you. Trust and understand that you are loved beyond compare. The desert is part of your purification process. Take time to be still and feel the gentle breeze of the Holy Spirit calling you to follow the narrow path up the holy mountain of the Lord. Do not waste your time trapped in the web of worldly distractions. Turn away from the smoke screen of satan tempting you to make yourself so busy running after frivolous pursuits that you forget to take time to commune with Me your Lord and God. I am with you. Stay awake in readiness to receive your Lord of Lords, your King of Kings. Listen and learn from Me. I will speak to you in unexpected ways. My ways are beyond your ways; my thoughts above your thoughts. Be still and hear My interior call for you to journey deeper within. Let us be united as one in your thoughts, in the words you

you. I will be your God and you will be My people.

10th January 2010 (Night Prayer)

My dear little ones,

Do not be afraid to open your heart up to give praise and honour to your Lord and God. I am with you. I am Emmanuel. I am with you until the end of time. Stay close to Me. Let the Spirit of truth consume you so that you live your life centred in My truth. Listen, I will speak to you in ways you do not understand. Be open to the ways of your Lord and God. Let your every thought, your every word and your every deed be centred in God's love made manifest through the love I gave to you and for all by My suffering, death and resurrection. Look to John 15:26-27 to understand God's plan of hope. I sent the Spirit of truth to be your guide. Be still and listen to the gentle whispering of the Holy Spirit. Let the breath of God descend upon you and consume you so that you are filled to overflowing with God's love. I call you as My witnesses to go out and spread the good news of salvation to the many who at present are blinded to the truth. Love one another as I have loved you. I encourage you this night to come and follow Me. Do not fear to climb the holy mountain of the Lord. Pick up your cross, renouncing self and follow Me up the hill of Calvary. You must be purified in body, mind and soul. Do not desire only spiritual consolation but understand that spiritual desolation is needed in your purification process. Rely not on your own means but give yourself completely to the Will of God. Be holy as I your Lord and God am holy.

12th January 2010 (Night Prayer)

My dear little ones,

Do not be consumed with worldly perfection but rather seek spiritual perfection. Look to Scripture. Read Matthew 5: 43-48. Do not want to have the easy path. The path of spiritual perfection is steep and rocky and requires strength and perseverance. Strip away the layers of imperfection through your prayers and learn to trust more fully in your Lord and God. Let go of trying to work for God by your own means and let Me your Good Shepherd to lead you to pastures green. There is much work to do but all must be done in right order. Do not try and put God's plans in a box. Let go and allow God's plans to come to fullness by being docile to the Spirit of God leading you. Listen and learn. Do not run ahead but wait instead upon the guidance given to you by the Father through Me His Son in the grace of the Holy Spirit. Be patient and allow all to happen in God's time. You have read in Scripture the words "with the Lord a day can mean a thousand years and a thousand years is like a day. God's timing is perfect. Pray and

Be strong My little ones in your time of adversity. Trust in Me and the love I have for you. I am holding you close to My heart. Look to My heart to help you understand the depth of love I have for you; from My heart flow streams of blood and water to cleanse and heal you. Do not be afraid to face these storms of life. I will calm the waters and restore peace in your household. Come to Me with all your burdens and I will give you rest for your soul. Look to Scripture to help you. Read Ephesians 3: 16-19. Allow your hidden self to grow strong. It is not in the times of consolation that this strength is given but in your times of adversity. I have called you to pick up your cross, renouncing self and follow Me. I am with you in the cross you bear. Look to My Mother to understand. She is Mother of Love. I am Love Eternal. She was told by the prophet in the temple that a sword would pierce her heart. Unite the wound in your heart to the Immaculate Heart of My Mother and to the Sacred Heart of your Lord and Saviour. Let our hearts all beat as one. Reflect on the wounds I bore to bring to birth God's New Covenant of love. I call to you this day. Will you be My hands, My feet My heart of holy love reaching out in love to the sick and the lonely. Reach out and show My hurting people the love of the Father given to them by Me His Son through the grace of the Holy Spirit.

9th January 2010 (Night Prayer)

My little ones,

Do not be afraid to step out in faith on the next part of your spiritual journey. Look to Scripture where you are told to decrease so that I your Lord and God can increase. This is humility. Be happy to be background – choosing the last place not the first place of importance. Work to further God's Kingdom through leading a life of humility – a life of simplicity. Choose always to follow the little way of holy love. Love the difficult, the misunderstood, the lonely, the neglected, the forgotten, and the desperate. All these people have feelings of rejection to overcome. You have been called to My discipleship of holy love to be My hands, My feet and My heart of holy love. It is through My wounds that all healing is given. Pray for healing in your families and to all those you reach out to through the precious wounds of your Lord and Saviour. Listen and learn from Me as there are still many mysteries to the Kingdom of God for you to understand. Be patient and allow Me to strip back the layers. Many are spiritually blind and deaf and do not understand the ways of the Lord. My ways are above your ways, My thoughts far beyond your thoughts. Trust and believe in My plan of hope for you. You have read in Scripture Jeremiah 29:11 that God has a plan for each and every one of you; a plan of hope not despair. When you call Me I will answer you. All who are scattered will be gathered together. I will pour clean water over

and in your loving actions. This is how you can take up the challenge to be My hands, My feet, My heart of holy love. Change the way you live your life and you will change the lives of others. The metamorphosis must begin within you. Break out of the cocoon by working through the struggles of life to strengthen you like the beautiful butterfly to live your life anew. Trust my little one and know that I your Lord and God will carry you on eagle's wings.

27th November 2009

My little one,

I am calling you to deeper union with the Father through Me His Son by the grace of the Holy Spirit. I want you to show by example this pure love and full union to others who are as yet ignorant of the truth. You must be prepared because the time will soon be upon you when you will be asked to step out as My missionary servant of God's love and reveal to others the coming of the Kingdom of God. God's Kingdom is an interior kingdom and I long to reign as Prince of Peace, as Lord of Lords, as King of Kings in the hearts of each one of God's people. I have shown you the Scripture passages to help you understand the need for God's people to be cleansed of their impurities. I cannot make My home within when it is defiled and a den of iniquity. Read again the Scripture passage Matthew 21: 10-16. It will be My little ones who will give praise and glory to their King. My little ones will be blest and I will reign as their King. I will be their God and they will be My people. Many of God's people give Me many words in prayer but their hearts are of stone. Each one must be purified. I will change your hearts of stone and give you a heart of flesh. Trust Me and follow My way. Be prepared to give of yourself in agape love. Will you be My servant? Will you climb the holy mountain of your Lord and God? Read also Revelations 17:14. Remember the words given in Scripture for many are called but few are chosen.

29th November 2009 (Night Prayer)

My little ones,

I thank you for coming together and singing praise and giving glory to your Lord and God. I am your King of Kings and I want to reign as King of your hearts. Let God's Kingdom come deep within by your interior surrender to the Will of God. Will you be My servant of the little way? I ask you to take this time to learn the lessons I have given to you. I am your Divine teacher and I ask you to take time to listen and learn from Me for I am meek and humble of heart. Come to Me and I will give you rest from the burdens you carry. Be filled with My interior peace and joy to sustain you in your times of sadness and pain. You are never alone even though there are many times when you feel

abandoned. Stay close to Me and I will shelter you from the storms of life. Study the little way of holy love. Learn to be patient and persevering. Do not become overwhelmed in your daily challenges. Bring all your worries to your Lord and God and I will give you rest. Learn tolerance with those who are difficult. Pray my little ones to your Lord and God and you will be given the answers to your pleas. Look to Scripture. The Lord hears the cries of the poor. Blessed are the poor in spirit theirs is the Kingdom of God. This kingdom is within you. Prepare a worthy dwelling place for your Prince of Peace. Be humble of heart and you will receive the keys to the Kingdom of God. Read Matthew 23: 8-12. Learn the lessons of purity. Blessed are the pure of heart they will see God.

30th November 2009 (Afternoon Prayer)

My little one,

I am with you in your time of need. I hear your cries for help. Be docile to the Spirit of God calling you to be still and listen. You become overwhelmed so quickly. Stop and take time to listen to your Lord and God. Let My peace and joy fill you and overflow to others. I have asked you to be My missionary servant of God's love. This commitment to serve your Lord and God humbly takes self discipline and sacrifice. I have called you to take time in preparation. I have asked you to mend your nets for the time approaches soon when you will be called to reach out and be my hands, my feet, my heart of holy love. You must understand the need for you to be trained to follow the Will of God. God your loving Father disciplines those who are His children. At the time it may seem painful to you but the more you travel down the spiritual path of purity the more you will understand the need for you to be disciplined to follow the holy Will of God. Read again Hebrews 12: 5-13. Choose to take the path of holiness. Do not let the trials you face overwhelm you. Trust in the love of the Father given to you by Me His Son through the grace of the Holy Spirit. Let the work you do to further the Kingdom of God be accomplished with pure thoughts, pure words and with deeds that are holy and pure. Be holy my little one as I your Lord and God am holy. Allow the testing of purity to be accomplished. Read Revelations 3: 18-22.

1st December 2009 (Night Prayer)

My little ones,

Give thanks even when you experience difficulties with the knowledge that you are loved. Any inconveniences you endure will help you to grow stronger on your spiritual journey. Do not want the easy path but be happy to take the more difficult path. Time is limited and you must be tested. Your faith must be planted in deep, rich soil and watered

of faith in deep rich soil. Read My Word and let it be your nourishment and guide. Receive Me often in the Holy Sacrament of the altar to sustain and strengthen you in your times of adversity. I am the bread of life. Look to My real presence. I am with you, hidden from those who as yet are blinded to the truth. I have told you that the truth will set you free. Live your life always in truth. Do not be deceived with the ways of the world. Pray and discern God's Will. I have given you the Spirit of truth to show you the way to life eternal. Let Me pour clean water over you. Put on your white garment of purity in preparation for the wedding feast of the Lamb. I am the Lamb of God who takes away the sins of the world; happy are those who are called to the supper of the Lord. Many are called but so few are chosen. Be wise and take time to prepare.

7th January 2010 (Night Prayer)

My dear little ones,

I am the Vine and you the branches. Let the pruning of the branches be done so that you produce good fruit in abundance. Do not reject this pruning which is done by God the Father – the vinedresser. All the dead wood must be cut away and is burnt on the fire. Look to the rosebush which is not pruned. Wild branches begin to grow. They are weak and do not help the bush to grow and produce blossoms that are healthy and strong. You too have a wildness which needs to be tamed. I ask you to be patient and wait upon the Lord. God's timing is perfect. You must learn to trust more in God's plan for you. I have told you that something which at this moment seems to be a disaster could be a blessing which you do not see. Let go of the need to be in control and allow your Good Shepherd to lead you. Listen and learn from Me for I am meek and humble of heart. Serve your Lord and God with no selfish motives. I have called you to be pure of heart. Study well the Holy Scriptures. Look to Galatians 6: 7-10. I ask you to plant the seed of faith in deep, rich soil. Cling to the corner of My garment with a steadfast hope in your heart and break down the barriers of stone you have placed around your heart and allow Me to give to you a heart of love. Come to Me with all your burdens and allow Me to give you rest. Trust in Me and the love I have for you. Serve others humbly with no hidden selfish thoughts. Learn to be holy as I your Lord and God am holy.

9th January 2010 (Morning Prayer)

discern God's Will and then speak My truth with My love to guide you. The path you are called to take is steep and narrow. Remember you are never alone as you climb the holy mountain of the Lord. I am with you always until the end of time. I will break your heart of stone and give you a heart of flesh then you will be My people and I will be your God.

5th January 2010 (Night Prayer)

My dear little ones,

Do not despair when your cross seems to be so heavy. Turn to Me, your Lord and Saviour and I will give you rest for your soul. Do not doubt in My love and protection. I am your Good Shepherd. I will look for the one who is lost in the wilderness and bring him back to the fold. I hear the prayers you pray and they are answered. Be patient and wait upon your Lord and God. Do not become overwhelmed with the many challenges you face. Take time to quietly pray to your Lord and God and ask for My help. You live in difficult times where families are torn apart. Keep on persevering. Be an example of God's love with your family and loved ones. Let your actions speak louder than your words. Do not be afraid to step out into the unknown. You must learn to trust more fully in My love for you and for all. You have been called to come and follow your Lord and Master. Many are called but few are chosen. Purification is part of your spiritual journey. Each one experiences this purifying in different ways. Learn to be humble and obedient and you will inherit life eternal. Accept the little way choosing to serve others with a pure heart. I am with you as you journey deeper on your pilgrimage of faith. Be docile to the Spirit's calling. You have been anointed with truth. I am the way, the truth and the life. Stay close to Me and let Me guide you to restful waters where you can rest and be replenished.

6th January 2010 (Night Prayer)

My dear children,

Cling to the corner of My garment. Do not try and cope with your trials and disappointments alone. Come to Me in your quiet place and share all your hurts and concerns. I hear the cries of the poor. Do not doubt but believe that your prayers are heard and will be answered. God's ways are beyond man's ways - His thoughts above your thoughts. Do not put limitations on your Lord and God. Trust in Me and My everlasting love. Let the testing of your faith be accomplished. Many are happy to be faithful when they are experiencing spiritual consolations but fall away when the first tests and trials come upon them. Their seed of faith is planted in rocky ground. Plant your seed

well. I have asked you to take time to spend in quiet contemplation with your Lord and God. Be docile to the guidance you will receive in your prayer and discernment through the grace of the Holy Spirit. Do not try and take the path of holiness by your own means. You must be prepared to listen and learn the ways of the Lord. Look to John the Baptist to be your guide. He worked humbly in the background furthering God's Kingdom and preparing the way of the Lord. He was not looking for recognition and praise but served God as a humble servant of the little way of holy love. He wanted to decrease in importance and allow Me, His Lord and Saviour to increase. Look to the many passages in Scripture calling you to take the path of humility. Be prepared to serve others with a selfless and generous heart. Do not be afraid to be little and insignificant in the eyes of those around you. You have chosen well when you choose to take the humble path My Mother took. Give glory and thanks to God for all you have been given. Read Luke 1: 46-55. Let your every thought, word and deed be used to magnify your Lord and God.

2nd December 2009 (Night Prayer)

My dear little ones,

Many are spiritually blind and ignorant of the truth. All must experience an illumination of their sins so they can experience conversion and purification of body, mind and soul. Do not waste the time you have been given in preparation. Use this time wisely. Do not avoid the purifying of your motives. The time of enlightenment will come like a thief in the night and there will be no time for you to prepare. Read again Matthew 25: 1-13. Five bridesmaids were wise and put oil in their lamps. They were prepared for the Bridegroom. Five bridesmaids were foolish and left their preparation until the last minute. They paid the penalty for their foolishness. I am the light of the world – the oil of salvation. Let My light flood your soul and burn brightly for all to see. I am calling you to be My instrument of light. Shine brightly radiating My pure light and love to the many people who are trapped in the darkness of sin. Let your every thought, word and deed reveal to others My love. Imitate My ways and the way of My Mother. Be humble as you work to further the Kingdom of God. Read 1 John 1: 5-7. To be in full union with your Heavenly Father through Me His Son by the grace of the Holy Spirit means to be pure of heart. You have read the words happy are the pure of heart they will see God. Do not be afraid to choose the path of purity. Put on your white linen garment of purity in readiness to receive your Eternal Bridegroom.

3rd December 2009 (Night Prayer)

My little one,

Do not let the falsehoods spoken by those who do the work of the evil one cause you to doubt and be filled with fear. Trust and stay close to Me and I will guide you to pastures green. Listen and learn the lessons needed while you are given this time of preparation. I am the way, the truth and the life you are called to live. Let the Spirit of truth help you to stay planted in the truth. Do not be tempted to stray off the narrow path into the wilderness of deception. You must learn to discern the Will of God. Do not rush ahead but be content to wait upon the Lord. Satan will tempt you to take the easy path. I have asked you to choose the narrow and more difficult path. Stay close to your Good Shepherd. I will protect you from the wolves that wait to pounce and attack the weak ones. They want the flock to be scattered. Pray fervent prayers for My shepherds who look after My flock. I am the gate to the sheepfold. No one can enter the sheepfold unless they pass through the gate. Stay close to Me. Keep your eyes firmly fixed on your Lord and Saviour. Read John 10: 7-16. I am the Good Shepherd and I laid down My life for My sheep. Trust Me and the self giving love I have for you. I will never forsake you. I have carved you on the palm of My hand. Do not be afraid to step out in faith and follow Me. I will protect you in your time of need. Remain in Me as I remain in you.

5th December 2009 (Night Prayer)

My little ones,

Be patient with those who are difficult. Bear the thorns of inconvenience and animosity silently to further the Kingdom of God. Turn the other cheek. Persevere, showing always My love. You live in difficult times where brother will turn against brother. Do not be afraid. I will calm the storms. Stay close to Me and let Me reveal to you the ways of your Lord and God. Take time in quiet contemplation to understand My ways. I have called you to pick up your cross and follow Me. You must renounce yourself and any selfishness you have as you take the pilgrim journey of faith. Prepare the way of the Lord. Make straight my paths. Read Scripture daily to understand that you must be prepared. Read Matthew 10: 17-23. Do not worry. I have told you that I would send you the Spirit of truth to help and guide you. Speak always My truth. The truth will set you free. Satan is the prince of lies and he will try and convince you to compromise My truth. Many people convince themselves that their words are half truths. Truth is truth and lies are lies. Live your life steeped in truth. Do not stray into the darkness by watering down the truth. I ask you to put on the belt of truth and stand your ground with the shield of faith to protect you. Let salvation be your helmet and My word your sword. Let the word of

2nd January 2009 (Night Prayer)

My dear little ones,

I thank you for choosing the little way of holy love. You will reap eternal rewards for the wise choices you make. Be docile and always wait upon the Lord. Pray and discern God's Will and walk in the present moment with Me your Lord and Saviour. Do not fear to take this path of littleness. I will guide and help you. I am with you as you walk the pilgrim way of faithfulness. Stay close to Me and let us walk together moment by moment. There are choices which you need to make. Let go of any control you cling to and allow the guiding hand of your Heavenly Father to mould and shape you into a trusting child of God. I am calling you to be a friend of God. Learn the deeper meaning of friendship. Learn the message of agape love. There is no greater love than to lay down one's life for a friend. The prince of the world promotes animosity and selfishness. Hatred and war are the results of this selfishness and greed. I am your Prince of Peace and I long to reign as your King of Kings. Receive My love and let it flow like a river of peace to all you meet. Turn away from conflict. Pray for peaceful solutions to all your problems. Stay silent when you are tempted to speak angry words in haste. Pray my little ones and ask for guidance from above. If you ask for My help you will receive it. Listen to the command I give to you – love one another as I have loved you.

3rd January 2010 (Night Prayer)

My dear little ones,

I am with you as you sing and give praise to your Lord and God. I have been asking you to take time in preparation. Take time to be refreshed and replenished by singing joyful hymns of praise. Do not let your difficulties overwhelm you. Many have forgotten how to really give praise and thanks for the many gifts received. They perform these acts of piety out of duty with no true thought for the words recited. Be still and pray to your Lord and God with a heart that is open. Break down the barriers which have kept you distant. Understand more fully God's infinite love for you. Come close, My little ones and I will reveal to you some more of the mysteries of the Kingdom of God. God is love. Do not doubt His love. He gave Me His only begotten Son because of His love for all people. Read Romans 8: 31-39. Sing hymns of thanks for the love God has given to you through Me His Son by the grace of the Holy Spirit. Look also at 1Corinthians 13: 1-13. Be ambitious for the higher gifts. Love is My way, love is truth, love is the life I am calling you to live. Let your love be selfless and giving. You will be called to make some difficult decisions out of holy love and obedience to God's Will. Pray and

found in the roaring of the wind or the blazing inferno but in the softness of the gentle breeze or the warmth of the flickering flame. Take time to taste and see the goodness of the Lord. You search in all the wrong places trying to find the Lord. Be still and I will reveal myself to you. I will show you My hidden presence. Let the Potter's hand mould and shape you into a trusting child of the Lord. I am with you always until the end of time. Trust in Me. Do not despair when you recognize that God's ways are not your ways. Trust in Me and My love for you. Something which at present may seem to be a disaster could really be a blessing in disguise. Be docile like the new born lamb. Learn from Me for I am meek and humble of heart and I will give you rest for your soul. I am the Good Shepherd and I look after My flock. Other shepherds have scattered My flock to the four corners of the earth. Trust in Me. I will gather My sheep and shepherd them. I will look for the lost one and heal the wounds of the sick. I will lead you to green pastures and restful waters to revive and refresh you. Be holy my little one as I your Lord and God am holy. Live in Me as I live in you. Love one another as I have loved you. Read Ezekiel 34: 11-14.

1st January 2010 (Night Prayer)

My dear little ones,

Be still and listen to your Lord and God. Look to My friend Mary who sat at My feet and listened to the Lord. Look also to her sister Martha who loved the Lord by serving Me. She loved and served with the heart of a servant. You are called to follow the way of My disciples and friends. Learn to take time in stillness to listen and learn and also let My love be always real and active. Serve others with a servant's heart of holy love. Do not add up and keep account of your acts of love. Learn to be selfless as you serve your Lord and God. Let My love burn brightly and shine out as a bright beacon to all. Trust in Me like My friends Martha and Mary trusted in My love. Look to the saints and their lives of holy love to show you the way to life eternal. You can learn many lessons through reading the stories about the saints who have walked the earth before you. Strive to obtain the higher gifts. Learn true holiness. Do not be afraid to let your faith mature and bear fruit which is lasting. I encourage you this night to take time away from the busy pace of life and pray and contemplate the holy Will of God. I am calling you to deeper contemplation. It is in the quietness that I speak to you and guide you to draw close to My most Sacred Heart where we can be united as one. I ask you to listen to Me. Love one another as I have loved you. Read John 15: 7-17.

God be the pasture green for you to have your fill. Come to the restful water to revitalize you. Receive the love of the Father through Me His Son by the living water of the Holy Spirit.

6th December 2009 (Night Prayer)

My little ones,

Be still in My presence. I am with you. Call My name and I will answer you. Do not be afraid to come close interiorly. I am calling you to journey within. Let us be united as one. Walk with Me in the present moment. I will be your guide. I am your Good Shepherd. Listen to Me and learn the lessons to deepen your faith. Trust in Me and the love I have for you. Give of yourself completely. Do not hold back parts of your life which you keep hidden from Me. God's plan for you is full of hope not despair. Come and share with Me the burdens you carry and I will give you rest for your soul. Trust in My love for you. Read again Matthew 11: 28-30. Learn from Me for I am meek and humble of heart. Do not seek the limelight and recognition but work humbly in the background for the glory of your Lord and God. The time approaches when you will be tested in your endurance. Make preparations through your time in quiet contemplation to deepen your faith. Read 1 Peter 1: 2-12. Put on the crown of righteousness by the humble and giving way you live your life. Learn the lesson of true holiness. Many practice false piety. They do not work to further God's Kingdom but have impure motives of self interest. Let your every thought, word and deed be done for the glory of God. Blessed are the pure of heart they will see God.

8th December 2009 (Morning Prayer)

My dear little ones,

Do not be anxious and unsettled about the ways of the world. You must remember always I have overcome the world. Trust in My merciful love. Nothing is impossible for your Lord and God. Put your trust in the Lord. Stay close to Me and let Me be your guide. I am your Good Shepherd. I will look after My sheep. Others have led My sheep astray. My flock is scattered. Pray and trust in the Lord. There is to be one flock and one Shepherd. I myself pasture them. I will tend to the lame and the weak, the blind will see and the deaf will hear My voice. I will be your God and you will be My people. Do not fear the purification process. It is the way of your Lord and God. All must be purified before they can enter into the wedding feast of the Lamb. Do not leave your preparations until the last minute. Prepare now by abandoning yourself to the holy Will of God. Go to your quiet place and pray to your Lord and God to be enlightened to your faults. Take time to reflect on the way you have lived your life. Change your old

patterns of self and let the renewal begin. Confess your sins in the Sacrament of Penance and be washed clean. Put on your garment of purity in readiness for your Eternal Bridegroom. Blessed are the pure of heart they will see God.

8th December 2009 (Night Prayer)

My little ones,

Be constant in your faith. Do not fall away because you face difficult times. Remain steadfast and committed to serve your Lord and God with your every thought, word and deed. Be disciplined and enduring to last the long distance. Be patient and persevering and recognize that the ways of your Lord and God are different to your ways. Remain humble and wait upon the Lord. All will be revealed when time is right. Let the testing of the remnant of faithful prove them worthy to be called children of God. Read Hebrews 5: 7-8 and Hebrews 12: 5-7. Suffering is an important part of your spiritual purification. Many of God's people want the easy path and do not want any inconveniences. You must renounce yourself and all selfish desires and learn to accept with joy the last seat. Serve others instead of demanding others to serve you. Choose the path of humility and you will inherit life eternal. Look to My Mother, Mary Immaculate to help you. She is your example of humility and holiness. She suffered silently and surrendered her life completely to the Will of God. She is the Ark of the New Covenant. She carried within her womb your Lord and Redeemer. Look to the life of My Mother to help you live your life in the fullness of God's love. Unite your suffering to the immaculate heart of Mary and to My Sacred Heart for the salvation of souls. This is the redemptive work I am calling you to embrace as you work to further God's Kingdom as a servant of the little way of holy love.

9th December 2009 (Night Prayer)

My little children,

Be still and rest awhile with your Lord and Saviour. Take time away from the noise of the world to commune in quietness and prayer with your Lord and God. Do not avoid this time of quiet contemplation. The world entices people to be busy every moment of the day. Communication is instantaneous and many people do not have the discipline to take time away from the noise to be still. In Matthew 6 you have been told to go to your private room and pray in secret to your Father in Heaven. He hears your prayers and they will be answered. Do not pray for worldly wants but learn the way to pray. Give praise and thanks for God's goodness. Ask humbly for your needs. Pray for forgiveness for your faults and failings and lastly pray prayers of protection against the temptations of satan. This is the

Each part is given a special role to do. No part is more important than another. When one part is hurting it is felt by the whole body. The body of Christ must go through the purification process. Do not be like My disciples who when tested in their faith denied that they knew Me. Stay close to Me and let Me lead you to restful waters. I have asked you to mend your nets in preparation for the time to come. I will call you to cast your nets into the deep. Take time while you are given it to prepare. Do not waste a moment. Take time away in quietness and rest in your Lord and God. Do not try and continually work by your own means. I have asked you to come to Me with all your burdens and I will give you rest for your soul. Trust and believe in Me and the love I have for you.

30th December 2009 (Night Prayer)

My dear little one,

I am with you every moment of your day. Call to Me and I will answer you. Do not be afraid to take this narrow path of holiness. In these troubled times there is an urgent need for you to be bathed completely in My light and love. Let the lamp of your soul be well-lit in readiness for your Eternal Bridegroom. I want you to shine out brightly as a beacon of My light to a world which is darkened by sin. Many are lost in the wilderness and have become confused as to the path they need to take. Shine My light out and show them the way. Let your actions reveal My love to all. There will be many times when it will not be necessary to speak. Love speaks louder than words. Be tolerant and patient showing compassion and My merciful love to each person you meet. I ask you to be slow to show anger and rich always in My mercy. Many will look to you to guide them. To those who are given gifts from God much more will be expected of them. I have called you to renounce yourself, pick up your cross and follow Me. Be prepared to walk in the present moment as you climb up the mountain of the Lord. Endure the difficulties which occur in your day. Look to Me, your Good Shepherd to guide and help you. When you stumble and fall, do not stay trapped in the darkness of despair, get up again, admit your failing seeking forgiveness for your faults and then move back into My light. Allow My love to penetrate your entire being and flow out in an unending circle of holy love.

31st December 2009 (Morning Prayer)

My dear little one,

Time is short and there are many lessons still to learn. You must be docile to the Holy Spirit guiding you on the narrow path towards life eternal. Take time to slow down and be still so that you can hear the gentle whispering of the Holy Spirit. Your Lord and God will not be

sadness at the lack of love. I ask you to be a good example of My love to your family and loved ones. Be tolerant and patient and be prepared to go the extra distance to reveal My love by the simple and holy way you live your life. It is not in words but by your loving actions. I ask you to continue to be a beacon of light to others – be My servant of the little way of holy love.

27th December 2009 (Night Prayer)

My dear little one,

Contemplate this night the deep love I have for you and for all of God's children. My mercy and love is given to all. I ask you to read Scripture to help you understand the joy in Heaven over the repentant sinner. Read Luke 15: 4-7. Do not be like the Scribes and Pharisees who made quick judgments about others. Choose always the little way of holy love. Be content to be the least and you will reap rewards in Heaven. Be a living stone of faith. I called Peter My rock and I told him that upon this rock I would build My church. I call you this night to be My stepping stone of faith for the many who at this moment are still stumbling in the darkness. I have asked you to build My church brick by brick. Begin with the building up of faith within you. Make sure that your faith is built on strong foundations of My love. Look to the love I gave for you and for all. I died and rose again to break the bondage of sin. I have asked you to die to self and rise up to a new life of holy love. This takes courage as the old patterns of selfishness and pride must be broken for you to be able to embrace this new life of holy love. God's work cannot be achieved by your own means but by the guidance you receive through the Holy Spirit. Be prepared to renounce the old ways and live your life anew. Open your eyes to the ways of your Lord and God. Be cleansed of your sins and make preparations for the coming of your Eternal Bridegroom. Choose the path of true holiness. Choose the little way of holy love. Read 1 Peter 2: 4-10.

29th December 2009 (Night Prayer)

My dear little children,

I have called you to the Apostolate of holy love. I have asked you to go out and spread the good news of salvation by the humble and loving way you live your daily lives. This Apostolate is difficult. It requires you to be selfless and giving. I have asked you to serve others with a pure heart of love. Rejoice when you face the little tests of faith. Do not be afraid to choose to take the path of holiness. You will receive eternal rewards for your efforts. Do not look over your shoulder at the journey of others but learn to concentrate more on your own journey of faith. There are many parts to the body of Christ.

Lord's Prayer you pray each day. Pray this prayer with a deeper understanding. God loves you much more than you can comprehend. Look to nature and the many other ways He takes care of you. You must learn to trust more in His Divine providence. Take time to reflect on the many graces you have received in your day. Do not be like the ten lepers who were healed of their illness but only one had time to come and give thanks to their Lord and God. Praise and thank God often for His goodness. Strip back the selfishness you have and learn to give of yourself generously as My servant of the little way of holy love.

10th December 2009 (Night Prayer)

My dear little one,

Remain constant in your faith regardless of the trials you face. Do not doubt My love for you. I am with you as you slowly climb the mountain of the Lord. Do not give up. Take time to stop and be still and rest with Me to strengthen you to continue to endure the difficulties. Be selfless and giving. Let My peace and joy flood your soul and sustain you as you carry your small crosses. Unite in your suffering to Me your Lord and Saviour. Put on your crown of righteousness. Many people around the world struggle with temptations as the prince of the world lures them into his web of lies and deceit. The truth will set you free. Keep straight the path of your Lord and God. Choose the path of truth. Do not take the quick solutions to your problems if this means you must make compromises to the truth. Be careful of wolves that dress in sheep's clothing. The smoke screen of satan will deceive many to believe those who have hidden agendas of greed and control. Be wise my little one and discern God's Will before you make any decision. You live in difficult times. You must put on your spiritual armour for protection from any deception. Do not be afraid. I will show you the way. I am the way, the truth and the life. Stay close to Me. I will protect you with My crook and My staff from those who seek to destroy any work done to further the Kingdom of God. Be bold and strong and place your hope in your Lord and God.

11th December 2009 (Morning Prayer)

My dear little one,

All inconveniences when offered to your Lord and God in self sacrifice are used to further the Kingdom of God. Walk moment by moment on your pilgrim journey of faith with Me your Good Shepherd. Let Me lead you to pastures green. Do not be afraid, I am with you. Live your life in the present moment. Do not worry about the past or let your mind rush ahead to the future. Be docile to the Holy Spirit of God leading you. Listen and learn the lessons to help you journey deeper in your

faith. Open your heart up to receive My love. Just as the sword pierced My Mother's heart and pierced My heart you too will experience the same heartache. Let our hearts be united as one. Receive My love and then allow it to flow out continuously to all you meet. It is not necessary to speak words to change the hearts of others. Let Me change their hearts of stone through your loving and selfless actions. Let your service of holy love be done with a pure heart. I have told you the words "blessed are the pure of heart, they will see God". Choose this path of purity and you will reap rewards which are eternal. Let your every thought, word and deed be carried out with pure intention. Do not make quick judgments of others. Be slow in anger and rich in mercy. Imitate My ways. Be merciful, compassionate and loving to all not just a select few. I am with you to strengthen you in times of persecution. Be silent and pray. Discern the Will of God before speaking words which may hurt others. Look to My Word to guide you. I am the Word Incarnate. I am your Good Shepherd and I will lead you to fresh pastures and to the restful waters of the Holy Spirit. Walk with Me, talk with Me, trust Me and the love I have for you and for all.

13th December 2009 (Night Prayer)

My little ones,

I am with you as you praise and give glory to your Lord and God. Where two or three are gathered there am I in your midst. Do not doubt but believe in My real presence. Listen and learn from Me – during your quiet moments I will speak to you from within. I will guide you by the words I give to you at this time. Take notice of the words of love I speak to you. Do not be afraid to open your mind, your heart and your soul to Me your Good Shepherd. Be still in My presence and listen to Me. Time is short and I need you to make changes while you have this time of grace. Stretch out your arms and open yourself up to your Lord and God. Read 2 Chronicles 6: 28-31. Look to the Wisdom of Solomon to guide you. Open your hearts up to the ways of your Lord and God. Listen to Me. I speak to you from the temple of your heart. Journey within and let us be united as one in thoughts, in your words and in your actions. Do not be afraid to stretch your arms out in praise and openness to the love I have for you. Be anointed in a special way with the holy oil of salvation. Pray fervent prayers my little ones. I hear all your prayers offered with a humble heart. Do not be distracted with other things. Spend this hour with your Lord and God in contemplation and experience the deep love I have for you. Be holy as I your Lord and God am holy. Read 2 Chronicles 6: 40-42.

Reflect at this time on God's generosity and love for all people. Look to Joseph and Mary and their humility and obedience to God's Will. Look to the simple life of holy love that they followed. I ask you during this festive season to imitate the holiness of Joseph and Mary. Do not get caught up in the material and selfish ways of those who celebrate My birth with motives which are not holy and pure. Return to a simple family celebration. Reach out in love to all in your families. Be tolerant and understanding of those in your families who are difficult. Stay silent when your first thought is to speak out in anger. Do not retaliate when others abuse you. Let My love flow out from you as an example to others by your selfless love. Be virtuous as you come together in celebration. Look to the true meaning behind the celebrations. Look to the name given to your Lord and God – Emmanuel. Look to the meaning of My name – God with us. I am with you. Do not doubt My presence. Read the Scripture passages Isaiah 7: 14 and (: 5-7. Yes, my little ones I am your Prince of Peace. Prepare a worthy dwelling place for your Lord and God so I may dwell in the temple of your heart. Let Me give to you a peace that the world cannot give to you. Come to Me and let Me fill you with My love. This Christmas season let My love flow out like a river of peace to all you meet. Do not place judgments on anyone. Receive this season the real gift given to you by your Heavenly Father. Give praise and thanks as you receive your Lord and Saviour. Allow Me to reign as your King of Kings, your Lord of Lords, your Wonder Counsellor. Let us be united as one in your every thought, word and deed. I ask you this night to be My hands, My feet, My heart of holy love to all you meet.

25th December 2009 (Night Prayer)

My little servants,

I thank you for faithfully following My ways in your daily lives. I ask you to continue to follow the little way of holy love. You now understand to be My servant takes courage and a tenacious spirit to continue even when you feel so heavily burdened. Do not try and do God's work by your own means but be content to allow God your loving Father to guide you. I have told you that no one can come to the Father except through the Son. I have asked you to pick up your cross, renounce yourself and follow Me. Look to Scripture to help you understand the ways of your Lord and God. My life was marked by simplicity. I was born in a humble abode; I long to come and be united with you in the humble abode of your heart. I was obedient to My parents Joseph and Mary and lived a life of simplicity and love. I call you to be obedient to the commandments of God. Love your Lord and God with all your heart and love your neighbour as yourself. You see today many who come together as families to celebrate My birth. My heart is filled with

spiritual rewards. Turn away from fleeting attractions of a worldly nature. Turn your eyes to God and you will be given the grace you need to journey ever deeper on the pilgrim way of faith. There are many mysteries in the Kingdom of God. Take time to learn the lessons to help you gain life eternal. The answer to your many questions is the same – holy love. The Father loved the world so much that He gave Me His only Son as a ransom for the sins of all mankind. I suffered, died and rose again and God's New Covenant of love was established. I ask you to imitate Me your Lord and Saviour. Die to self and let the love of the Father given to you through Me His Son by the grace of the Holy Spirit flood your soul and flow out selflessly to all. I remind you again give of yourself without any expectation of reward. Open wide your arms and give praise and thanks to God for all you have been given and for all that you are yet to receive. Doubt no longer but believe that God provides for you in many ways that as yet you do not comprehend. Open your heart in readiness to receive your Lord and God into the temple of your heart.

22nd December 2009 (Night Prayer)

My dear little one,

Do not be afraid to walk the path of righteousness alone. You are never alone. I walk with you. All Heaven rejoices when God's people choose to take the path of holiness – the way of the Lord. The saints have taken this path before you. Look to them to give you guidance. Look to My Mother and the example of purity and obedience she gave you. Look to My foster father Joseph. He was faithful to God's plan and obedient to God in every way. He surrendered his will to the Divine Will of God. Be docile and listen to the gentle whispering of the Holy Spirit. Be led by God's Spirit as you walk moment by moment with your Lord and Saviour. Many of God's people are strong in self will and obey only the letter of the law but do not open their hearts and hear the calling within. Surrender yourself to the Will of God and allow God your loving Father to mould you into a child of God. Break down the wall of stone that you have placed around your heart and let Me give you a heart of flesh. Do not fear the feeling of vulnerability. Trust Me and the love I have for you. Step out in bold faith and learn to be holy. I am asking you to clean the inside of the cup to prepare a worthy dwelling place for your Lord and King. I am calling you to interior holiness. Come to My Sacred Heart – the wellspring of salvation and let Me wash you clean as the first snow in readiness for your Eternal Bridegroom.

23rd December 2009 (Night Prayer)

My dear little ones,

15th December 2009 (Night Prayer)

My dear little ones,

Concentrate more on growing deeper spiritually. Many of God's people have put all their focus on worldly pursuits and have put the love of God into last place. There are serious consequences when you choose this path of worldliness. Be careful you are not tempted by the prince of the world to be all consumed with earthly treasures. These treasures are not lasting. Look for the hidden treasure which will give you everlasting reward. I am that hidden treasure – the pearl of great price. If you seek you will find Me. If you ask for My help you will be given it. I ask you to build up the Kingdom of God. My Kingdom is not of this world. Pray with meaning the Lord's Prayer. Look to the words given – thy Kingdom come thy Will be done on earth as it is in Heaven. Pride prevents many of God's children from obeying God's commandments. Follow My way. Be humble of heart and obedient to the Will of God. Do not let pride be your stumbling block. Stay on the well lit path. Surrender your strong will to the holy Will of God. Let go of the need to be in control. Be docile to the promptings you receive through the Holy Spirit. Come close to My Sacred Heart – the wellspring of salvation. From My heart flows an unending stream of living water. Come and drink from the well. Do not be afraid to accept the different gifts given as a special gift from the Father through Me His Son by the grace of the Holy Spirit. Read Acts 2: 17-21.

16th December 2009 (Night Prayer)

My little ones,

I encourage you to stay close to Me. Do not stray into the wilderness. You must stay focussed as you journey down the path of salvation. It is easy for you to become distracted. Pray prayers of protection. I remind you to be stealthy as the fox yet as meek as the lamb. Do not give up in your efforts to further the Kingdom of God. I hear your pleas for help. Do not doubt My love for you. Wait upon your Lord and God. There are lessons which need to be learned. God's timing is not the same as your timing. You have read in Scripture that a day can mean a thousand years and a thousand years a day. God is patient and forgiving. He wants only that which is best for His children. Look to the many times in Scripture where you are told of the mercy, compassion and love of your Lord and God. God does not judge by outer appearances but from the heart within. You have been told where your heart is there also is your treasure. Look to your heart and examine well all that you hold as important. Do you constantly worry

about acquiring material possessions or do you put the love of God as first place in your life? Do not be like the rich young man who went away sad because he was not able to give up his attachment to earthly riches to come and follow his Lord and Saviour on the spiritual path of perfection. Pray my little ones that you are not tempted to choose the easy path of the world. I have called you to renounce yourself and pick up your cross and follow Me as you climb the holy mountain of the Lord.

18th December 2009 (Morning Prayer)

My dear little one,

Do not doubt but believe in Me. I remind you – I have overcome the world. Trust in My mercy – My love for you is far greater than you understand. I am your Good Shepherd. I will lead you to pastures green. Just as My Mother gave her yes to God and surrendered herself completely to His Will I encourage you to give your fiat to God and His plan for you. Do not be afraid. Trust in God. You will be given the grace from the Holy Spirit to help you have the courage to take this pilgrim journey of faith. Cling always to hope that God's plan will come to fullness and be filled with God's love given to you by the cross of salvation I carried for you and for all. No greater gift can a man give than to lay down his life for another. I have asked you to pick up your cross and die to self and follow Me. Many Christians avoid the cross and seek only spiritual highs – running from one spiritual experience to another. The desert and the cross are part of your spiritual purification. Do not try and avoid them but instead embrace them with a joyful heart with the knowledge that through your suffering, your persecution and your inconveniences you will gain Heavenly treasures. I am the hidden treasure and I long for you to come to Me in your weakness and let Me give you My strength. You are not alone on your pilgrim journey - I am with you always until the end of time.

18th December (Night Prayer)

My dear little ones,

You have been faithful to your calling and you will reap rewards because of your faithfulness. Remain steadfast in your commitment to obediently serve your Lord and God. Do not worry about what others may think or say. Stay close to Me and let Me reveal to you some more of the mysteries of the Kingdom of God. All of God's people must go through the purging of the old patterns of self. Testing is a part of the purification process. Look to Scripture to show you the ways of your Lord and God. You are My faithful remnant. Read Romans 11: 5-6. It is by the gift of grace that you are able to remain

constant in your faith. It is not by your own means but by the gift given to you by the Father. The more deeply you journey on your pilgrim journey of faith the more you will recognize that nothing can be done to further the Kingdom of God by your own means but all is done by grace. God loves you and wants to shower you with sanctifying grace. Do not fear the purification of body, mind and soul. Come humbly to the wellspring of salvation and be washed clean by the blood of the Lamb. Be prepared to be little and insignificant in the eyes of those around you. Decrease my little ones so that I your Lord and God can increase. Prepare a worthy dwelling place to receive your Lord and King. Let God's Kingdom come on earth as it is in Heaven. Be holy as I your Lord and God am holy.

20th December 2009 (Morning Prayer)

My dear little one,

Do not fall into a feeling of despair when the cross you carry seems to weigh heavy on your shoulders. Come to Me with all your burdens and I will give you rest for your soul. Take some time away from the hectic pace of the world and let us be as one in thought and in prayer. Be still and know that I am your Lord of Lords, your King of Kings. Contemplate My birth in a humble stable. Material wealth is not how you will be measured by your Lord and God. It is by the selfless love you have shown to all in need. Give of yourself in love without expecting return. It is not by your many words that you will change the hardened hearts of others but by your loving actions. Take the path of true holiness. Do not be afraid to humbly work in the background to further the Kingdom of God. Look to My parents Joseph and Mary to give you guidance. They remained silent, humbly accepting God's plan and giving of themselves in agape love. They trusted in God's Divine providence and were obedient to all that was asked of them. God is generous and loving. You have seen the hand of God many times providing for you and your every need. Do not fail to give thanks for God's generosity to you. Be holy my little one as I your Lord and God am holy.

20th December 2009 (Night Prayer)

My dear little ones,

Do not be confused with the truth. Study well the Holy Scripture and the truth contained within these pages. I have said that I would give to you the Spirit of truth – your Advocate. Open yourself up to the gifts given to you through the Holy Spirit. Do not be afraid to accept these gifts. Look to 1 Corinthians 12: 4-11. Strive to obtain the higher gifts. Take time for your Lord and God and you will reap