

# Servants of the Little Way Prayer Book



More copies of this prayer booklet available from  
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My child

Listen and learn the many lessons of life on this spiritual journey you take on the path of holiness. Love is My way and it is the way which will lead to purity of body mind and spirit. This Divine love I talk to you about is a love which does not have conditions attached. Your love must be pure. It must be selfless and giving reaching out always to others in a gentle, humble and background manner. It does not mean that you accept others who are abusive of your love. Love has many sides. You must also learn to discern each situation you are placed in and ask the question “what would Jesus do” knowing that I had to show tough love to those who were abusing My Father’s house by selling their wares and making it into a market place. There must be respect shown always for the customs of others. When you step up and commit to be a disciple of Divine love you must walk a path of purification. Prayer and discernment must be a part of your everyday life. Follow My way. Look to the many examples you are given to those I reach out and showed My love to in the Scriptures. Do not be prideful and condescending like the Scribes and Pharisees who wanted everyone to see their faith by only outward and shallow appearances. This is not My way. My way means that you do not want to take the first place – you are content to be last. It means you are happy to serve rather than to be served. Follow the little way. Be my servant of the little way. You will achieve much in the salvation of souls when you follow My little way. I am with you. I am your Good Shepherd. Help Me to bring My lost and forsaken sheep back into the fold by revealing My love to them. Do not place any conditions on this love you give. Just love in an endless manner so that those who are hurt and wounded will be healed of these wounds which block their way and they will come back to Me and My Divine Mercy and will begin to trust the love of the Father given by Me the Son in the grace of the Holy Spirit. Let My peace and love flow continuously to all you meet. Be My Servant of Divine love – my servant of the little way.

#### **Prayer Intentions of the Servants of the Little Way Prayer Group**

**P**riests, pilgrims and peace

**R**eparation for sins committed against the Sacred and Immaculate Hearts

**A**bstention, Addictions to Alcohol and Drugs

**Y**outh and success of World Youth Day

**E**vangelization, Christian marriages and benefactors

**R**econciliation, religious

**S**ervants, seminarians, souls in Purgatory and those contemplating suicide

#### **Glorious Mysteries**

1. *The Resurrection*

##### **Fruit of the Mystery: Faith**

Dear Jesus, Thank you for all you have done for Me. You rose again and showed us the way to Eternal Life. Help me to always have faith and realize that you will guide me towards my Heavenly Inheritance.

2. *The Ascension*

##### **Fruit of the Mystery: Hope**

Dear Jesus,

You ascended to sit at the right hand of the Father in Heaven. Help me to hold on to the hope that one day I too will ascend to my Heavenly Home.

3. *The Descent of the Holy Spirit*

##### **Fruit of the Mystery: Love of God**

Thank you for sending us the Holy Spirit to inspire us into leading faith filled lives. Help my love for God to grow ever deeper through the graces given to me by the Holy Spirit.

4. *The Assumption*

##### **Fruit of the Mystery: Grace of a Happy Death**

Dear Mother, Queen of our homes and Queen of Peace. The Father took you body and soul into Heaven and uses you as Co-Redemptrix of Mankind through your Immaculate Heart. Guide me this day to my Eternal Father, to your Son’s Sacred Heart and to the Holy Spirit of Love.

5. *The Coronation*

##### **Fruit of the Mystery: Trust in Mary’s Intercession**

Mother, you have been crowned Queen of Heaven and Queen of Earth. I thank you for the Motherly wisdom and guidance you give me and for hearing my prayers and interceding on my behalf to the Blessed Trinity.

#### **Luminous Mysteries**

1. *Baptism of Jesus*

##### **Fruit of the Mystery: Openness to the Holy Spirit**

Jesus, You were a humble example to us all when you allowed your cousin John to baptize you in the River Jordan. Help me to always be humble and recognize the gifts and graces I am given by the Father through the inspiration of the Holy Spirit

2. *Wedding at Cana*

##### **Fruit of the Mystery: To Jesus through Mary**

Jesus, you listened to your Mother when she asked you to help at the Wedding Feast of Cana. Help me to listen to Our Lady as she guides me towards your Sacred Heart.

3. *Proclaiming the Kingdom*

##### **Fruit of the Mystery: Repentance and Trust in God**

Lord Jesus, you stepped out in faith and ministered for 3 years to the hurting people. Please help me to also have courage and step out in faith and help those people that are sent to me by God to help by serving them in love and compassion.

4. *Transfiguration*

##### **Fruit of the Mystery: Desire to Holiness**

Lord, you showed your Divinity to the Apostles in the Transfiguration. Transform my life dear Jesus so I may be a shining light to others and may grow in holiness.

5. *Institution of the Eucharist*

##### **Fruit of the Mystery: Adoration**

Lord, you left us a visible means of nourishment by the institution of the Blessed Eucharist. Help me to use this Sacrament of grace often to gain strength for my journey.

## Joyful Mysteries

### 1. *The Annunciation*

#### **Fruit of the Mystery: Humility**

Mother, you were told by the Archangel Gabriel "Do not be afraid". I ask now that you help me to step out in faith and "be not afraid".

### 2. *The Visitation*

#### **Fruit of the Mystery: Love of Neighbour**

Mary, my Mother, your generosity of spirit was beyond compare when you walked to visit your cousin Elizabeth. Help me to be compassionate and caring when I reach out to others.

### 3. *Birth of Jesus*

#### **Fruit of the Mystery: Poverty**

Dear Mother, Jesus was born because you trusted in the Father's Divine Will in your life. Help me to completely trust the Father in every part of my life.

### 4. *Presentation in the Temple*

#### **Fruit of the Mystery: Obedience**

Mother, you obeyed the laws and presented Jesus in the temple. Help me to always be obedient to the Commandments God the Father has given.

### 5. *Finding of Jesus in the Temple*

#### **Fruit of the Mystery: Joy in finding Jesus**

Mother, you understand the feeling of loss when you thought Jesus was missing please help me to have courage to hand all over to the Father when people close to me seem so distant from the Church.

## Sorrowful Mysteries

### 1. *The Agony in the Garden*

#### **Fruit of the Mystery: Sorrow for sin**

Jesus, you were rejected and abandoned and You knew what was to happen but still you obeyed the Father and submitted to His Divine Will. Help me to submit to the Father's Divine Will in my life.

### 2. *The Scourging at the Pillar*

#### **Fruit of the Mystery: Purity**

Lord, they were so cruel and you endured much for the salvation of mankind. Help me to endure any criticism or persecution and offer it back to the Father to use for the redemption of others.

### 3. *Crowning with Thorns.*

#### **Fruit of the Mystery: Courage**

My dear Jesus, I cannot imagine the agony you suffered when they pushed the crown of thorns deep into your head. Help me to accept with courage any suffering I may have in my life knowing you are with me at all times.

### 4. *Carrying of the Cross*

#### **Fruit of the Mystery: Patience**

My Lord Jesus, you carried your cross for me and still you reached out in love to others on the way. Help me to carry my little crosses patiently. May I not let them weigh me down but still be able to reach out in love to others.

### 5. *The Crucifixion*

#### **Fruit of the Mystery: Perseverance**

Dear Jesus, You died so I would have new life. Yet still we do not listen and learn. Help me to always persevere and may I always hear the words you speak to me so I do not crucify you anymore

## Patrons of Servants of the Little Way The Holy Family & St. Therese of Lisieux

O Little Therese of the Child Jesus, please pick for me a rose from the heavenly gardens and send it to me as a message of love.

O Little Flower of Jesus, ask God today to grant the favours I now place with confidence in your hands... (*mention specific request*)

Saint Therese, help me to always believe as you did, in God's great love for me, so that I might imitate your "Little Way" each day.

Amen.



Jesus, Mary and Joseph I give you my heart and my soul.  
Jesus, Mary and Joseph assist me in my last agony.  
Jesus, Mary and Joseph may I breathe forth my soul in peace with you.

#### **Prayers of Protection**

Saint Michael the Archangel, defend us in the hour of battle.  
Be our safeguard against the wickedness and snares of the devil.  
May God restrain him, we humbly pray; and do Thou, O Prince of the Heavenly Host—by the Power of God cast into hell, satan and all the evil spirits, who roam throughout the world seeking the ruin of souls.  
Amen.

## **Rosary of Our Lady of Tears**

IN HONOUR OF THE SEVEN SORROWS OF MARY

*Prayer on the medal of Jesus*

O crucified Jesus we fall at Your feet and offer You the tears of the one who with deep compassionate love accompanied You on Your sorrowful way of the Cross. O good Master grant that we take to heart the lessons which the tears of Your Most Holy Mother teach us so that we may fulfil Your Holy Will on earth, that we may be worthy to praise and exalt You in heaven for all eternity. Amen.

*Pray on seven larger beads before you announce the meditation.*

**V.** O Jesus look upon the tears of the one who loved you most on earth.  
**R.** And who loves you most ardently in Heaven

*Pray on smaller beads*

**V.** O Jesus, listen to our prayers.  
**R.** For the sake of the tears of Your most holy Mother.

### **Meditations - the Chaplet/Rosary of Tears**

*It is advisable to add a short prayer before each set of the seven little beads, so that it becomes clear what you are asking for.*

1. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Simeon's Prophecy: that a sword will pierce Her Heart, grant us strength that even in our dark hours, we may remain firm in our Faith and loyal in our love for You.

"O Jesus! listen to our prayers....."

For the sake of the tears of Your most holy Mother. (7 times)

2. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Her flight into Egypt, have mercy on all the homeless, refugees, and those persecuted for the Faith.

"O Jesus! listen to our prayers...."

For the sake of the tears of Your most holy Mother. (7 times)

3. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Her search for You, have mercy on those souls who have lost you and grant that they will find You again through the Faith left in the temple of their hearts. "O Jesus, listen to our prayers.

For the sake of the tears of Your most holy Mother. (7 times)

## **Hail Holy Queen**

Hail, holy Queen, Mother of Mercy!  
Our life, our sweetness, and our hope!

To thee do we cry, poor banished  
children of Eve, to thee do we send  
up our sighs, mourning and weeping  
in this valley, of tears.

Turn, then, most gracious advocate,  
thine eyes of mercy toward us; and  
after this our exile show unto us the  
blessed fruit of thy womb Jesus;  
O clement, O loving, O sweet virgin Mary.

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

### **Prayer to the Holy Spirit**

Come, Holy Spirit, fill the Hearts of Your  
faithful and kindle in us the Fire of Your love.  
Send forth Your Spirit and we shall be created --  
And You will renew the face of the earth, (Ps 104:30).

Let us pray:

O God, Who did instruct the hearts of Your faithful people by the  
Light of Your Holy Spirit, grant that by the same Spirit we may be  
truly wise and ever rejoice in His consolation. We  
ask this through Jesus Christ our Lord. Amen

## The Creed

I believe in God, the Father Almighty, Creator of heaven and earth and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of God the Father Almighty. From thence He will come again to judge the living and the dead. \* I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.

Amen.

## Our Father

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven.

Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil.

Amen.

## Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the Fruit of thy womb, Jesus. \* Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen

## Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. \* As it was in the beginning, is now, and ever shall be, world without end.

Amen

## Fatima Prayer

O My Jesus forgive us our sins and save us from the fires of hell and lead all souls to Heaven especially those in most need of Thy mercy.

4. O Jesus, for the sake of the tears of Your Most Holy Mother shed when You met Her during Your Painful way of the Cross, grant us help when we are afflicted by illness and tribulations, and show all those who err Faith or do not believe, that You are the Way, the Truth, and the Life.

"O Jesus! listen to our prayers...." For the sake of the tears of Your most holy Mother. (7 times)

5. O Jesus, for the sake of the tears of Your Most Holy Mother shed during Your Agony on the Cross, grant all those dying Your last Graces that are needed for their salvation, and may we accept ours with love, from Your Hand, the death that You have destined for us.

"O Jesus! listen to our prayers...."

For the sake of the tears of Your most holy Mother. (7 times)

6. O Jesus, for the sake of the tears of Your Most Holy Mother shed when You were pierced with a lance before Your Sacred Body was taken from the Cross and placed into Her arms, have mercy on all those who suffer, and grant them the knowledge that God will not send them afflictions beyond their strength.

"O Jesus! listen to our prayers...." For the sake of the tears of Your most holy Mother. (7 times)

7. O Jesus, for the sake of the tears of Your most Holy Mother shed when You were placed in the Sepulchre, grant us strength so that we may overcome our fear of death through a hope of a blessed resurrection in You

"O Jesus! listen to our prayers...." For the sake of the tears of Your most holy Mother. (7 times)

## ***On the three pendant beads***

V. O Jesus look upon the tears of the one who loved you most on earth.

R. And who loves you most ardently in Heaven

## **Prayer on the Medal of Mary**

O Mary, Mother of Love, Sorrow and Mercy we beseech you to unite your prayers with ours so that Jesus, Your Divine Son, to whom we turn, may hear our petitions in the name of your maternal tears, and grant us, not only the favours we now seek, but the crown of ever lasting life. Amen.

Thy tears, O sorrowful Mother, destroy the rule of Satan, Through Thy divine tenderness, O Jesus, bound and fettered, defend the world from the errors that threaten it.

## Act of Consecration to the Sacred Heart

### Prayer to Our Lady of Tears

O Lady of Tears, look with motherly goodness on the sorrow of the world! Dry the tears of the suffering of the forgotten, of the desperate and of victims of every violence.

Make everyone weep tears of repentance and of new life, which will open their hearts to the generating gift of God's love. Make them weep tears of joy for having seen the profound tenderness of your heart.  
Amen

prayer composed by Pope John Paul II  
to the weeping Madonna of Syracuse

### Prayer for Healing of Families

Heavenly Father, I ask you now to go back through all in my bloodline, my loved one's bloodline and the bloodlines connected to all my family and relatives and forgive the wrongs, heal the illnesses, bind the evil deeds. I ask You Lord to break the chains, associations and links any of these may have to us here in the present. On their behalf Lord, I seek Your forgiveness, your healing for me please and for all the family.

### Prayer for Healing of Past Hurts

Jesus, through the power of the Holy Spirit, guide me to go back into my memory as I sleep. I ask you to heal every hurt that has ever been done to me. I ask you to heal every hurt that I have ever caused to another person. For all the relationships that have been damaged in my whole life that I am not aware of, I ask to heal those relationships. Lord, if there is anything that I need to do or I need to go to a person because they are still suffering from my hand, bring to my awareness that person. I choose to forgive, and I ask to be forgiven. Remove whatever bitterness may be in my heart, Lord and fill the empty spaces with your love.

Thank you Jesus.  
Amen.

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honouring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee. I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee. I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.

### A Solemn Act of Consecration to the Immaculate Heart of Mary

Most Holy Virgin Mary, tender Mother of men, to fulfil the desires of the Sacred Heart of Jesus and the request of the Vicar of Your Son on earth, we consecrate ourselves and our families to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary, and we recommend to You, all the people of our country and all the world. Please accept our consecration, dearest Mother, and use us as You wish to accomplish Your designs in the world. O Sorrowful and Immaculate Heart of Mary, Queen of the Most Holy Rosary, and Queen of the World, rule over us, together with the Sacred Heart of Jesus Christ, Our King. Save us from the spreading flood of modern paganism; kindle in our hearts and homes the love of purity, the practice of a virtuous life, an ardent zeal for souls, and a desire to pray the Rosary more faithfully. We come with confidence to You, O Throne of Grace and Mother of Fair Love. In flame us with the same Divine Fire which has inflamed Your own Sorrowful and Immaculate Heart. Make our hearts and homes Your shrine, and through us, make the Heart of Jesus, together with your rule, triumph in every heart and home. Amen.

--Venerable Pope Pius XII\*\*